

Brigidine Prayer for Peace

Brigid

You were a woman of peace,
You brought harmony where there was conflict.
You brought light to the darkness.
You brought hope to the downcast.

May the mantle of your peace
Cover those who are troubled and anxious,
And may peace be firmly rooted in our hearts
And in our world.
Inspire us to act justly and to reverence
All God has made.

Brigid, you were a voice for the wounded
And the weary,
Strengthen what is weak within us,
Calm us into a quietness that heals
And listens.
May we grow each day into greater
Wholeness in mind, body and spirit.
Amen.

Source: prayer card from the Brigidine nuns of Kildare.

