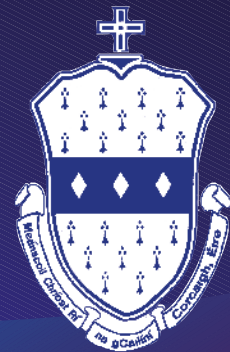


CHRIST KING COURIER

Christ King Secondary School, South Douglas Road, Cork T: 021 4961448

SUMMER 2018





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Redesigning learning environments is critical because of the significant changes taking place which challenge us to redefine the critical skills and abilities of citizens in the 21st Century. The capacity to continuously learn, apply and integrate new knowledge and skills has never been more essential. We therefore need to ensure that when our students leave us, at the end of six years of schooling, that they can access the requisite resources and supports in order to learn the content and competencies they will need. Laying a foundation that cultivates lifelong self-directed learning starts in a student's first year in Christ King.

We work hard to ensure that the learning experience and learning environment in the classroom is centred on fostering skills and a mindset of self-directed learning with competencies strategically interwoven through the learning experience.

To achieve this the teachers are involved in several teaching and learning initiatives such as The Learning Powered School, Instructional Leadership and Assessment for Learning. These are supported and reviewed by the school's Teaching and Learning committee. These initiatives are helping the students to develop learning habits and thinking skills. We see teaching and learning as a shared responsibility, between the teacher, the student, and the parent. Visible teaching and visible learning are at the heart of our pedagogy here in Christ King. We aspire to a learning environment where teachers see learning through the eyes of the students and where students see themselves as their own teachers.

We are very pleased that in our WSE MLL report, in November 2017, the DES inspectors stated that

"The quality of teaching and learning in the majority of lessons ranged from very good to good, and in a significant number of lessons, the quality was noted as **outstanding**"

Mary Keane

Principal



Pictured here are Mrs. Caroline O'Sullivan Ryan, Deputy Principal, Caoimhe Sreenan, Deirdre Lynch, Head Girl 2018-19, Ms Mary Keane, Principal, Aoife Cummins, Deputy Head Girl 2018-19, Vivienne Doyle and Mr. Conor Desmond, Year Tutor and Assistant Principal.

Congratulations to the Head Girl and Deputy Head Girl 2018-2019

Congratulations to Deirdre Lynch who was elected Head Girl for 2018-19 and Aoife Cummins who was elected Deputy Head Girl. The girls were chosen by their peers following an election on the 22nd May 2018. We wish them well in their roles for the coming school year. We also wish to thank our outgoing Head Girl and Deputy Head Girl Caoimhe Sreenan and Vivienne Doyle. The Head Girl and Deputy Head Girl play an important role in leading the Student Council and modelling behaviour and school ethos to the students.

THE SPORTING YEAR 2018

The Sporting Year started very early this academic year with our first year **Camogie Team** in action in the Cork Camogie Blitz. This was difficult for our first years as they are only in school two weeks with about two training sessions completed.

We are lucky to have Ms. Julia White as manager and coach with coaching and training help from Ms. Ciara Hickey and Ms. Carole Ryan. I would like to congratulate the First Year Camogie Team who won the Cork County Blitz. This is the first time in a number of years that the First Year Camogie Team have won, so well done girls.



1st Year Camogie 2018

The **Gaelic Football** teams, trained by Ms. Máire O'Brien and Mr. Michael Daly did very well this year with the Junior Team getting to the Cork Colleges Final. The First Year Team were runners-up in the Cork County Blitz in May. Well done to all.

The **Hockey Teams** were all competing in the Southern Munster B Leagues with some success at Junior Level. Ms. Niamh Croke and Ms. Keogh were the trainers every Wednesday in Harlequins.

The **Track and Field Athletics Team** were in action during the last couple of weeks. They were a small group but they have brought home an amount of medals. They were 1st in South Munster Junior 4x 100m, 2nd in South Munster Senior 4x300m. They competed in Pole Vault with High Jump and Shot, 200m and 100m Hurdles and 3000m. Congratulations especially to Ella Scott, 1st Year who broke the schools record in 75m Hurdles on the 19th May 2018. We would like to thank Mr. Scott, Ella's Father, who donated a set of singlets to the School Athletics Team.



Athletics Team 2018



Soccer Team 2018

Extra-Curricular activities are an important part of school life in Christ King. We try to cover as many sports to give the students as wide as possible choices. So, from Athletics to Badminton, Basketball, Camogie, Football, Hockey and Running Club, there is a good selection.



The **Soccer Team** were in action early in October and qualified for the South Munster First Year Championships trained by Mr. Michael Carroll and Mr. Fergal O'Leary. Unfortunately they were unlucky to be beaten by one goal in their section. The Junior Soccer Team and Senior Soccer Team were on the trail of All-Ireland qualification. The seniors were unlucky to be beaten in the Munster Final, however, they went on to win the Southern Munster Cup recently led by their captain Saoirse Noonan.



THE SPORTING YEAR 2018



The **Basketball Teams** have also been competing since October with the First and Second Year and Junior Team all competing. This year's Team of the Year, is the Senior Basketball Team. This team have worked so hard during the year, coming into training in school during holiday times. The girls have been so focused on their team which consisted of 6th Year, 5th Year, 4th Year and 3rd Year students. They won the Southern League and progressed to the All-Ireland Semi-Final.

In the All-Ireland Cup Competition, they were very successful and reached the All-Ireland Final. After a very competitive game they lost to a Dublin Team. However, their endeavours gave us great enjoyment throughout the winter and early spring. I would like to thank their trainer Mr. Mark Foley and their manager Ms. Jessica Hayden.



Our students have been prominent in a number of teams and sports during the last year.

Ella Scott	Athletics
Caoimhe McAndrew	U 14 Cork Ladies Football
Ellie Fitzgerald	U14 Cork Ladies Football
Anna Geary	U 14 Cork Camogie
Tara Lyons	U 14 Cork Camogie
Rachel Sheehan	Cork Minor Football Team and All-Ireland Champions
Aoife McTaggart	Cork Minor Football Team and All-Ireland Champions
Cliona O'Leary	U16 Cork Camogie Captain and U16 Munster Hockey Team
Eimear Hurley	Cork Intermediate Camogie Team
Aisling Ryle	Cork Minor Ladies Football Team
Aoife Kelleher	Cork Minor Ladies Football Team
Eimear McAndrew	Cork Minor Ladies Football Team
Saoirse Noonan	Cork Minor Ladies Football Team Cork City Ladies Soccer Team Irish Ladies Soccer Team
Lauren Walsh	U16 Soccer
Aoibhe Noonan	U16 Soccer
Áine Fitzgerald	U18 Basketball
Meg Ryan	European Gymnast and Irish Gymnastic Team
Kate Rohan	Irish Gymnastic Team
Rebecca Hennessy	Munster Boxing Champion
Leanne Murphy	Munster Boxing Champion
Sophie Thornton	Munster Boxing Champion
Ciara Hill	U14 Cork Football Team
Miriam Delea	Karate European Champion

We congratulate you girls on your successful year.

The **Sports Person of the Year** has given her all to her sport. She has played on National Teams, on County Teams as well as Club Teams. She has played on the school teams since First Year in a range of sports, but Soccer is her love. **Saoirse Noonan is our Sports Person** of the Year. We wish her well as she goes forward.



Saoirse Noonan-Sports Person of the Year 2018

This year we have two **Sports Personalities of the Year**, who have given us enjoyment with their cheerleading antics as well as playing on the various teams during their time at Christ King. Congratulations to **Eimear Murphy and Aoife Kelleher**. As 6th Year students we wish you luck going forward girls.



THE SPORTING YEAR 2018



May we congratulate our 6th Year students who have participated in sport in their senior years. They have managed to balance study and training and committed themselves to their sport inside school and out. So, well done and thank you for the memories.

Eadaoin Downey	Nicole Timmins
Saoirse Noonan	Caoimhe Sreenan
Eimear McAndrew	Maeve O'Halloran
Laoise Heffernan	Aisling Ryle
Rachel Oriade	Becky Nagle
Maeve McTaggart	Emer Kelly
Eimear Murphy	Laura Murphy
Lia O'Brien	Elizabeth Guinnane
Rebecca Cunningham	Alice Gough
Ilana Keegan	Amy Cohalan
Rachel Holland	Alanna O'Brien
Niamh Foley	Denise Harrington
Ciara Kiely	Eva Olita
Alanna Braham	Aoife Corkery
Niamh Braham	Tara Costello
Aoife Kelleher	Aoife Twohig
Mary Leneghan	



Cork City Marathon – June 2018

This year our Running Club members were again busy training every Wednesday. Many of the girls and their teachers ran relays and half-marathons on the 3rd June 2018. Well done to all. We admire your determination and fitness.



Ella Scott is blazing a trail...

On the 18th of March 2018 Ella took part in the National Sprints Juvenile Championships Under 15 at the Athlone Institute of Technology. She won this event.

The following week, 25/03/18 Ella competed in the National Indoors Hurdle Championships. She won this event and broke the existing National record.

On the 9th May Ella won three medals. She won gold in the hurdles and she broke the record. She came second in the 100 metre sprint and her club team won another race.

The following Saturday week Ella competed in the Munster Championships in Kerry

On the 2nd June Ella competed in the All Ireland schools competition today in Tullamore.

Ella wrote:-

"I had the 100m sprints and I was disappointed as I had hoped to place but unfortunately didn't run a great race and I came 6th. There was only 4/100 of a second between 3rd and 6th place so it was tough. However my hurdles went really well. I won gold and broke the National record setting a new one....now held by Christ King!

I also was delighted to win the cup for the best sprint hurdler performance of the whole competition so that was really great and made up for my earlier disappointment.

I was so pleased to put Christ King on the podium and hopefully the record will last for a while."

Congratulations Ella and well done to all the Athletics team who had a good year.



Miriam Delea – Karate Champion

A huge congratulations to 1st year student, Miriam Delea, who has been selected to represent Ireland at the forthcoming 18th Grand International Karate Tournament being held in Czech Republic. Miriam is on her way to Prague to compete. To represent your country is a great honour and privilege and we wish Miriam the very best of luck with the competition.



All Ireland Linguistics Olympiad

In January 10 students from Christ King participated in the first round of the All Ireland Linguistics Olympiad.

This is a competition designed to sharpen problem-solving skills and fosters the next generation of multi-lingual technology specialists. Many past participants have gone on to pursue careers in Computer Science, Maths and Linguistics.

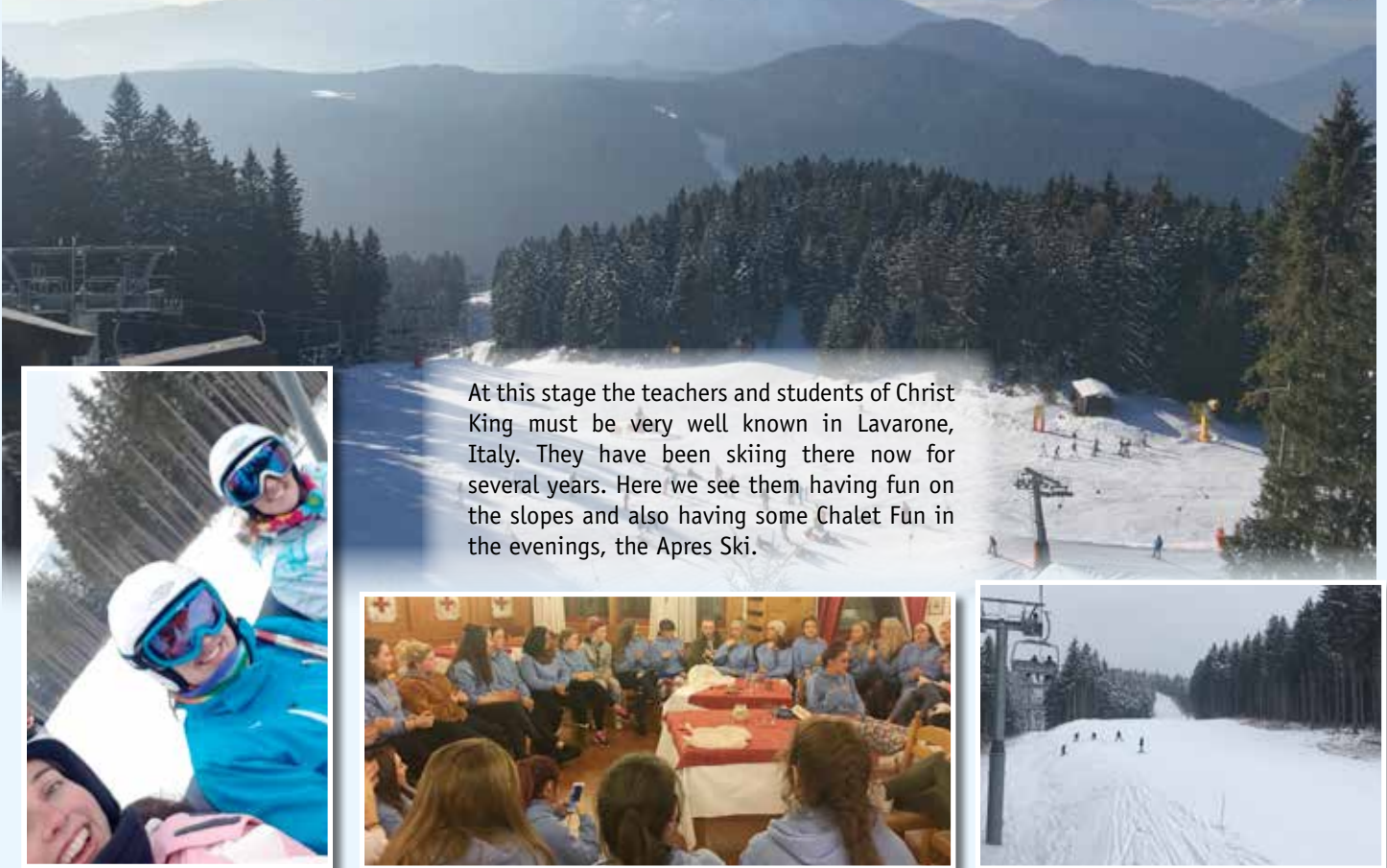
We congratulate Katie Mulhall, Paulina Jaworska, Narjis Talpur, Nicole Herana, Ieva Zaveckyte, Ayushi Mahajan, Savani Kadilkar, Bruna Vila, Jessica Amann.

Well Done girls.





Ski Trip to Lavarone 2018



At this stage the teachers and students of Christ King must be very well known in Lavarone, Italy. They have been skiing there now for several years. Here we see them having fun on the slopes and also having some Chalet Fun in the evenings, the Apres Ski.

Sustainable Energy Award



'Medisa Khajavi and Emilija Petiul both from 3F entered the **One Good Idea competition** this year held by the Sustainable Energy Authority of Ireland.

Their One Good Idea was to remind students of the importance of energy saving in school and in their local community, as they felt that this endeavour needed to be reintroduced to further reduce energy costs in the school and also help our environment.

They produced leaflets which they distributed to the 1st, 2nd and 3rd Year students. They placed posters on all student notice boards around the school. They made speeches at 1st Year and 3rd

Year morning assemblies to remind students of the importance of energy saving in school and at home. They organised 'helpers' in each classroom to assist with turning off lights and projectors when they were not needed. They also called to their neighbours in their local communities to remind them of the importance of energy saving. Finally, they also completed a training course with TAISCE to qualify as Climate Change Ambassadors for this school.

All their hard work resulted in Medisa and Emilija getting to the 2nd round of the competition, but unfortunately on this occasion, they just missed out in getting a place in the final. However, their meaningful endeavour reduced energy consumption in the school and in their local community and we commend them for their endeavours.'

Royal Society of Chemistry -Schools Analyst Competition 2018

This year the following students participated in this event.

- Rachel Wall
- Karen Yamedjeu
- Savani Kodlikar

Well Done Girls

BT Young Scientist Exhibition RDS 2018

Every year our students are eager to participate in the BT Young Scientist Competition in the RDS in Dublin. 500 projects are chosen from an entry of 2000, so to be chosen to present is an honour in itself. Our students did very well this year and came away with some awards.

1. Natural Antibiotics: Can They Solve The Resistance Crisis?
- **Aisha Ghori TY1 & Aisling O'Connor TY1**

2. Classroom Dissection: The Attitudes of Students and Teachers
- **Cliona Scully TY2**
3. The Impact of Two Social Media Sites On The Body Image of Teenage Girls - **Aoife McTaggart TY5, Cliona McTaggart TY5 & Alison Barry TY3 (WINNER)**
4. An Investigation To See If Technology Can Help Children Divert From IT - **Grace Onofrei TY1**

Cork's young scientists warn of dangers of Social Media

Evening Echo 11 – Jan 2018 - Gráinne McGuinness

Pictured with their Social & Behavioural Sciences project. 'The Impact of Two Social Media Sites on the Body Image of Teenage Girls', are Aoife McTaggart, Alison Barry and Cliona McTaggart, Christ King Girls Secondary School students, who are competing in the Young Scientist & Technology Exhibition. Picture: Jim Coughlan



AS MAJOR investors urge large technology companies to help deal with smartphone addiction among young people, a research project by a Cork trio has found that using social media sites is having a negative impact on young people and their body image. 16-year-old twins Aoife and Cliona McTaggart and 15-year-old Alison Barry did the research for the BT Young Scientist & Technology Exhibition.

The trio are transition year students at Christ King Secondary School in Douglas and their fellow students participated in the study.

Aoife explained why they chose this topic.

"Social media is now more than ever a big part of teenagers' lives. With the project, we wanted to find out if this had a negative effect, on body image especially. We saw Snapchat and Instagram as the two sites, in particular, we wanted to research."

They asked a range of different age groups to participate.

"So we took 15 girls from transition year, second year and first year and they took part in a two-week intervention from either one of the sites.

"We wanted to see how it affected them and how they felt before and afterwards, about their own personal body image and how they felt in general about the site and if they think it is contributing to negativity."

Their results showed signs of what many of us suspect, that the young people benefited from time away from the sites.

"We saw that before the ban the girls were more inclined to compare themselves with others online and were more focused on the likes and the comments they received," Aoife explained.

"After the ban, we saw how their comparison to others dropped and how they perceive themselves better."

The students see younger and younger people getting drawn into using these sites, although they think the impact on body image peaks in the mid-teens. "I think, recently, younger girls, say fifth and sixth class, say they are using social media but the emphasis on body image is seen more with 15 and 16-year-olds," Aoife added.

Day out at Young Scientist Exhibition RDS



BT Young Scientist Exhibition RDS 2018

The girls believe the social media giants — Instagram is owned by Facebook — have a responsibility to manage the impact their sites are having on young people.

"I think they should be aware of the negative consequences and see who is doing what on their sites. Maybe they should monitor the ages of people who are using social media better."

In the US in recent days, two major Apple investors highlighted their concern about the effects of social media and phone and tablet usage on young people.

The Cork girls found that although there was a lot of interest in their project at school, some of their fellow students either refused to take part or dropped out.

"With Snapchat we had a bit of difficulty getting participants because Snapchat is so popular among students," Aoife said.

"We had a number of participants drop out because they were so focused on Snapchat, they couldn't do the two weeks."

The reluctance was so marked that had to reduce their original research period.

"We were actually planning on doing a longer intervention than two weeks but we had cut it back because there was no interest in a longer period."

Their teacher Julia White is proud of their work the pupils have put in but emphasised the difficulty of getting participants.

"The girls took it upon themselves to do it and there was a good bit of interest in the project but it was really, really hard to get the students off Snapchat," she said.

This echoes recent suggestion in US media that mobile apps and social media sites are designed to be addictive and to keep users' attention as long as possible.

Ms White saw clear evidence of that with a Snapchat feature that records how many days in a row users have been in contact with each other, called a streak.

"It was the streaks, a lot of them have streaks and they were afraid they would lose the streak with their friends," Ms White explained.

"Some of them were saying they would go off it if they could log in every day to do that one thing. It was a bit crazy."

She believes the project deserves to do well and hopes the judges will accept the reasons for the low numbers who took part.

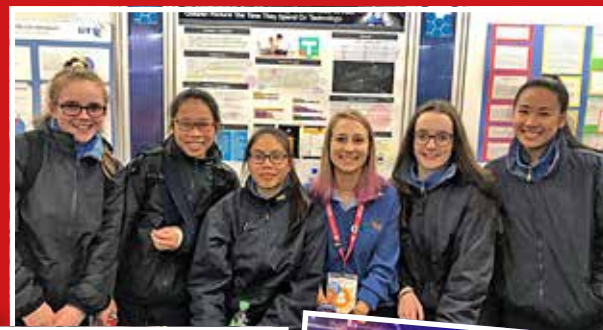
"A whole lot of work has gone into it and hopefully it will do well, I think it is really topical at the moment."

"Our main weakness is probably the low numbers because we struggled to get participants."

"But I think the data we did get was very positive and did show big signs of improvement when they did go off the sites."

"The actual results are good so I hope the judges don't think it is too small of a sample."

Pictured is Julia White, Christ King Girls Secondary School Science Teacher & Cork Senior Camogie, Christ King Girls Secondary School students, Grace Onofrei, Aisling O'Connor, Alison Barry, Aoife and Cliona McTaggart, Aisha Ghorri and Cliona Scully, who are competing in the Young Scientist & Technology Exhibition, at Christ King Girls Secondary School, Half Moon Lane, South Douglas Road, Cork. Picture: Jim Coughlan





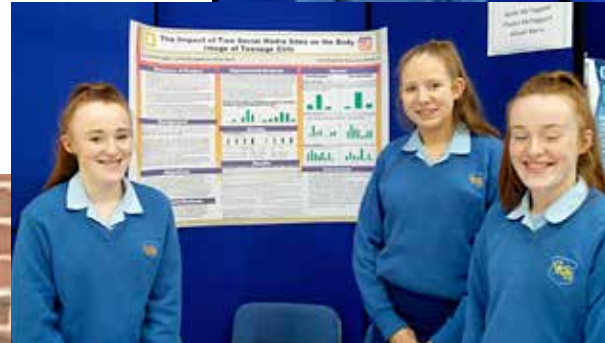
Scifest at CIT



SciFest is a one day science fair for second level students, that is hosted in CIT each year. This year, our school was represented by projects in CIT. Each of the girls involved gave up their free time to design and develop their projects. They all gave their best and represented the school with energy, enthusiasm and passion.

Sci Fest Participants

1. An investigation into the effects of animal experimentation on the consumers opinion of products - **Ellie Mulqueen TY6**
2. Visual communication device to promote patient participation and wellness during Magnetic Resonance Imaging.
- **Nicole Marinos 3D (Winner)**
3. Heterotopic Ossification and it's re- growth.
- **Julie Bruton 1C**
4. Animal testing on drugs and cosmetic products
- **Jane Scanlan 1C (Winner)**



Green Schools Committee

The following students were members of this year's green school committee

Isabel Scully 2A, Fatima Jameel 2A, Kannelle Yamejeu 2A, Veronica Howells 2C, Leah Cleary 2D, Rose Brady 2D, Riona Treacy TY, Ieva Zaveckyte TY, Emilija Petiul 3F, Medisa Khajavi 3F

Their new theme of **biodiversity** began this year. Their teacher Mr Daly says:

We had a wonderful green schools committee with 11 girls involved. The girls were busy this year getting the theme up and running in the school. From conducting staff and student surveys to organising photography and slogan competitions for our new theme. In April the girls organised and held a very successful bake sale raising funds to purchase some bird equipment such as bird feeders, nesting boxes and bird bath. The girls had a very productive and enjoyable year and are looking forward to building on their good work in the next school year.



Prize Giving 2018



Niamh Twomey addresses
Prizegiving 2018



Amy Barry Murphy and Niamh Twomey accept our thanks.



Aisling presents flowers to
Niamh Twomey

The annual Prize Giving Ceremony was held on Wednesday, 23rd May, 2018. The school community came together to recognise all of the varied skills and talents of our students, to salute their achievements whether they be in academic subjects, in sport, in music, in art, in community service, in innovation or in technology. The guest of honour was Niamh Twomey, past pupil

and Heritage Officer with Cork City Council. We were honoured to have Niamh as our guest. She shared her reminiscences of her student days at Christ King with us and recounted her career path that followed a Science Degree in Zoology at UCC that eventually led to her current position at City hall. We thank Niamh for taking the time out of her busy schedule to be with us on the night.



A big thank you to teacher Amy Barry Murphy, who acted as compere for the evening again.

We were delighted to open our prize giving ceremony with music, song and dance which was performed by a group of students who performed previously on the 25th April at St. Finbarr's South Chapel for the Tercentenary celebrations of Venerable Nano Nagle's birth.



Junior Subject Awards

The Junior Subject Awards go to the students who received the highest mark in the Pre-Junior Cert Exam. This year the awards went to:

Gaeilge	Meg Ryan	3D
English	Eimear Kingston	3D
Maths	Peace Samuel	3C
French	Ciara Barrett	3F
German	Romy Kolich Eimear Kingston	3F 3D
History	Peace Samuel Eimear Kingston	3C 3D
Geography	Eimear Kingston	3D
Science	Lauren O'Connell	3C
Home Economics	Rebecca Hennessy	3B
Business Studies	Lauren O'Connell	3C
Music	Elizabeth Scanlan	3D
Art	Lily Yelland Ciara Tang Tess O'Regan	3A 3D 3D
Technical Graphics	Ali Roche Aisling O'Halloran	3C 3C
Religious Education	Ciara Barrett Meg Ryan	3F 3F
C.S.P.E.	Eimear Kingston	3D





Prize Giving 2018



Junior Subject Awards 2018



Senior Subject Awards 2018

Senior Subject Awards

At Leaving Certificate level, the subject awards are presented to students who have achieved a very high standard in their work. These students are committed to their studies and demonstrate great talent and perseverance.

We are very pleased to acknowledge that commitment and to congratulate them on their success.

Gaeilge	Aisling Ryle
English	Maeve McTaggart
Math	Clodagh Buckley
French	Jill Casserly
German	Jessica Daly
Japanese	Lauren Rafferty
History	Maeve McTaggart
Geography	Clodagh Buckley
Applied Maths	Sarah Harte
Biology	Lia O'Brien
Chemistry	Jill Casserly
Physics	Larysa Zdziech
Home Economics	Mary Leneghan
Business	Rachel Burke
Accounting	Eimear McAndrew
Economics	Olivia Tiernan
Economics	Aoife Kelleher
Art	Martyna Krawczyk Cate O'Sullivan
Music Student of the Year	Vanessa Fitzgerald
L.C.V.P.	Lauren McMahon
DCG	Nicole Griffin
DCG Best Project	Isobel Henry

Best Junior Certificate Results 2016

Each year we present an award to the student with the best Junior Certificate results. This year three students achieved 10 As in their Junior Certificate.

The students are:
Louise Velon,
Zuzanna Augustyn,
Paulina Jaworska

Congratulations and Well done girls!



Best Junior Certificate

Best Leaving Certificate Results 2016

There was a very high standard among our Leaving Certificate students in 2017. We would like to introduce you to the very best.

Rachel Coomey achieved 625 points.

Rachel is now studying Medicine at Trinity College Dublin and has just completed her first year exams.

Rachel was an extremely diligent student, a highly motivated student and we are delighted to be able to mark this wonderful achievement. Well done Rachel!

Third Level Scholarships 2016

We are delighted when some of our students are awarded scholarships to Third Level Institutions on the basis of their Leaving Cert results.

This year we would like to congratulate **Stephanie O'Mahony** and **Laura Shelly** who received a Quercus University Scholarship to U.C.C. Both girls have just completed their first year exams.

Congratulations to **Christine Kiely** and **Denise Harrington** who received Scholarships to Mary Immaculate College of Education.

Congratulations to **Rachel Coomey** who received a Scholarship to Trinity College Dublin.

Well Done to all of you girls.





Prize Giving 2018



Academic Excellence Awards 2017

Student of the Year For Academic Excellence

The student of the year award is presented to a student who has excelled academically. Having a very high standard of work, being committed to study and showing consistent effort – these are all the hallmarks of our student of the year.

The nominees were:

Olivia Tiernan
Eimear McAndrew
Mary O'Halloran
Rachel Burke
Aoife Kelleher



The Student of the Year for Academic Excellence is **Rachel Burke**

Outstanding Contribution Award

This award is presented to the student who shows:

- A strong commitment to their studies.
- A student who participates actively in school life and contributes to it
- A student who demonstrates a willingness to give of their time.

The nominees for Outstanding Contribution Award were:

- Amy Cohalan
- Abigail Cotter
- Vivienne Doyle
- Eadaoin Downey
- Caoimhe Sreenan

Our winner has been an excellent student in every way. Her selfless service to others in our school community has made a most valuable contribution to the life of Christ King. She made a huge contribution to her peers on a daily basis and had a supremely meaningful and positive impact on all those around her.

She has always been pleasant and courteous to both teachers and her fellow pupils. We have been particularly impressed by her generosity of spirit and her passion for serving her fellow students.

We acknowledge her voluntary activities throughout the school during her years with us, and we thank her for being an ambassador for the spirit of unselfish co-operation that is so vital to any truly vibrant school community.

The winner was **Eadaoin Downey**.



Outstanding Contribution Award 2018

CEIST Perpetual Award

Our final award tonight is the very prestigious award, the CEIST Perpetual Award. This award has been donated to our school by our trustees, The Catholic Education Irish School Trust, CEIST.

The criteria for receiving the CEIST Perpetual Award is based on the CORE VALUES of CEIST. This honour is reserved for the student who

- Promotes spiritual and human development
- Endeavours to achieve academically
- Shows respect for every person
- Creates community
- Is just and responsible

The Nominees for this award were chosen because their teachers could see that they contributed to the Core Values of CEIST. They are

Isobel Henry	6th Yr
Aoife O'Sullivan	5th Yr
Saoirse Noonan	6th Yr
Remi Noonan	TY
Nikola Loska	6th Yr
Aoife Kelleher	6th Yr
Meadhbh Stack	6th Yr
Nicole Marinos	3D
Justine Bowler	6th Yr

The award this year goes to a student who has lived out these values by promoting positive interaction within her peer group, contributing to school life in a myriad of ways and always and showing a sensitivity beyond her years in all of this.

Congratulations **Aoife Kelleher** and well done.....



CEIST Award Nominees 2018



Prize Giving 2017



Attendance Awards

The following students have never missed a day of school. This is an excellent record and we commend the girls for their dedication.

Eve Conroy 2F has 10 years unbroken attendance.

Funmi Abass 3E has 11 years unbroken attendance.

Leanne Murphy 3E has 12 years unbroken attendance.

Shanena Mealy 2A has 5 years unbroken attendance.

and **Jane Tiernan TY** has 11 years unbroken attendance.

Well done to all of you girls!



Amalia Scannell-
International Student
Ambassador

Mathematics Teacher Award

The inaugural Award for Irish Teachers of Mathematics was celebrated on Saturday, 26th May 2018 in Aula Maxima, University College Cork (UCC).

Edel Ryder-Hanrahan from Christ King Girls' Secondary School in Cork - "inspirational"

"With her prior work experience in the computer science industry and her involvement with extra-curricular competitions and activities in Mathematics, TY robotics and coding, she acts as a very strong role model for students. "If the Williams Sisters were to sit around all day eating chocolate then they wouldn't be very good tennis players, whereas I - who might not have their inherent talent - can definitely become a decent player if I practice enough."

Edel was awarded a Diploma of Excellence at these awards.



Congratulations Edel from all here at CKSS.

Strong mathematics skills are a critical factor for the future development of the economy, and teachers are in the front-line of fostering such skills among the young. The Award for Irish Teachers of Mathematics mirrors a number of similar initiatives in other countries, in particular the Royal Swedish Academy of Sciences' Teachers Prize in mathematics and science, and the US-based Presidential Awards for Excellence in Mathematics and Science Teaching and the Rosenthal Prize for Innovation and Inspiration in Math Teaching. Professional expertise in the subject of Mathematics, effective teaching practices, care for students' development and contributions to the community have all been taken into consideration when deliberating for this award.

Julia White invited to the Royal Society of Chemistry event in London

On Friday 18 May, the Royal Society of Chemistry welcomed an invited audience to their London home, Burlington House, for an afternoon of talks, conversation and inspiration – our Inspiring leadership in chemistry teaching event.

We brought together current and future leaders from education and science to talk about the qualities of great chemistry teaching, and the people who work so hard to educate and inspire the next generation of scientists.

The event was specially designed to provide teachers with ideas, opportunities and inspiration to be leading teachers of chemistry in future, and to support and inspire their colleagues in turn.

From Limerick in the west and Norwich in the east, Thurso in the north and Jersey in the south, and across the UK and Ireland, teachers of chemistry were nominated by their managers and peers to come to an event that is testament to their expertise and commitment to science teaching.

Christ King teacher Julia White was one of those invited.



Education Coordinator with the RSC John O'Donoghue, Julia White and Kate O'Connell TD



Feis Maitiú



This year two groups of Transition Year Students under the guidance of Ms Amy Barry Murphy and Mr. Michael Carroll entered the Feis Maitiú Competition and won First and Second Place with their mimes.

We congratulate Amira Abass, Ciara Barrett, Sophie Butler, Emily Cunningham, Ciara Cunningham, Ciara Donovan, Caoimhe Hennessy, Caoimhe Herlihy, Katelyn Holland, Julia Martin, Rosmarie O'Byrne, Cliona O'Leary, Aideen O'Shea, Sara Sas, Emer Smyth, Yvonne Swanton, Ieva Zavekyte.

Well Done Girls.



Kayleigh Mulcahy meets the President

Kayleigh Mulcahy TY had the privilege of meeting President Michael D. Higgins at Páirc an Chrócaigh on St. Patrick's Day 2018 on All-Ireland Club Final Day. Nemo didn't win but Kayleigh had a good day.



Youth Entrepreneur Award

Mary Kennedy Osubor from 1st year was recently awarded the overall winner in Cork of the Foróige Youth Entrepreneur Competition. She went forward to the National Finals in Dublin and secured a runner up place in the finals. Mary hand stitches her own brooches and head bands as her business initiative. We would like to congratulate Mary.



Mary Osubor (12), one of the finalists at the Youth Entrepreneur of the Year Awards 2018, hosted by Foróige. Her business is 'Standing Out Crafts', and she is from Tollymore. Picture: Mark Steadman

VEX robotics competition



Every Year we have an eager group of students who join the robotics group. This year was no different and saw the girls do very well in this engineering competition

The following girls entered the VEX robotics competition. They were placed 9th in the qualifying rounds and so made it to the quarter finals where they were unfortunately eliminated.

This is the list of participants:

Amira Abbas, Sharmin Akter, Karolina Banka, Sinead Chen, Grace Clehane, Jennifer Daly, Paulina Dauksaite, Bianca Druska Maschietto, Paulina Jaworska, Alicja Kazmierczak, Jane Keane, Chen Yu Lin, Wiktorija Majstrzyk, Kim Morrissey, Precious Samuel, Sandra Sheehan, Laura Slattery, Leah Slattery, Panita (Jada) Songkramsri



Video Award



Transition Year student, Jane Tiernan from Christ King Secondary School in Douglas, who won the Bus Éireann 'Go Places' competition for the South region. She is pictured receiving her prize with her mum, Joanna, and Bus Éireann school bus regional officers Breda McDermott and Ken Robinson.

This year one of our students entered the Going Places with Bus Éireann Competition. She entered the competition with a very catchy video and won the Southern Region competition. You may see the video on Youtube.

Well done Jane Tiernan.

Video: Jane's trip on the buses sees her win 'Go Places' prize

Alan Healy, Evening Echo - Thursday 17th May 2018

A CORK schoolgirl who captured her daily bus journey to school on video has won Bus Éireann's 'Go Places' competition for the South region.

Jane Tiernan, from Christ King Secondary School in Douglas, won the regional prize which invited Transition Year students from all over the country to submit projects — in words, photographs, or videos — about their journey to school.

Jane's video documented Rochestown and villages such as Douglas — where she gets the bus to at the weekends — the Bus Éireann bus stops she drives by and worst of all, the heavy traffic on her commute.

To help pass the time, Jane said she likes to admire the nature around her, listen to music and play cards with her younger brother.

After dropping him off to primary school, Jane then makes her way to Christ King Girls secondary school.

"It was fun recording and editing my entry and both the school and my family and friends are all very proud of my project," Jane said.

"It's well worth entering and I now have a new iPad and crystal trophy so I'd encourage TYs next year to do the same"

Jane was one of three lucky regionals winners, who won an iPad and crystal trophy each, with the overall winner receiving a day trip to Tayto Park for the entire class on a private Bus Éireann coach.

Here is the link to Jane's video

-- https://youtu.be/Llqg_2Z4qUc

Jane's prize was presented to her at Capwell Depot in Cork by Ken Robinson, School Transport Manager (South).

German Award

Every Year the Department of Education issue an Award to the top German Result in the Junior Certificate in association with the German Embassy in Dublin. We have been lucky to win that award on at least two occasions. This year Paulina Jaworska received the award being one of the highest scoring German Students in the Junior Cert Exam 2017.

Paulina will travel to Germany in June for three weeks and we look forward to hearing all about it on her return. Her teacher Ruth Kingston and all at CKSS congratulate Paulina.



Irish Maths Olympiad

Savani Kodilkar made the Roll of Honour in the placings this year. She came 7th in Cork and 10th nationally. Very well done Savani.



LCVP - Ice-Cream Day 2018

The 5th Year LCVP Class held the annual Ice cream Day to raise funds for Down Syndrome on 17th May 2018. It is a great favourite with students and raises funds for a good cause. Well Done girls.

ART Department News 2017-18

For the Art Department 2018 has been a busy year it began with NAPD Creative Engagement Project 2018. The project began last summer when contact and communication began with artist Marie Harkin. Marie's contact with the TY students begun in late October and is now near completion as both paintings will be unveiled by the Heritage Officer of Cork on May 23rd. The theme of this project was "Our Heritage" which represents how TY students view Ireland's and Cork culture and heritage today.

The twenty six students who took part were actively involved at every stage, they decided on the theme and the content of each work as we had students from abroad within the TY programme for the year they contributed to what they considered important to Our Heritage. The students gained an opportunity to work in groups planning and executing the ideas they had in pencil first and after receiving several workshops on colour theory, paint application and techniques they created small painted versions of their ideas.

The nature and purpose of the project was to create one large painting about Our Heritage however with 26 students we needed all to contribute so it was decided that one painting would be about Cork and the other about Ireland.

To date each student has contributed to some part of these paintings and it is quite transparent that their individual style and painting techniques are evident in the final works.

The two large paintings produced will be hung in prominent places within our school community as we know that our school environment in which we work and educate in is a mirror of our attitudes and expectations. I feel we must therefore enrich our school environment, not only to promote the arts but to inspire. This project has enabled us to use every available means to promote the visual arts in our school.

In addition we hope to expose the talent of our students to the wider community thus promoting the importance and necessity of the arts to society and in particular education.

Vicki Hurley

Leaving Cert trip To Newgrange Co Meath and the National Gallery Dublin

In September the leaving students and I visited the archaeological landscape within Brú na Bóinne which is dominated by the three well-known large passage tombs, Knowth, Newgrange and Dowth, built some 5,000 years ago in the Neolithic or Late Stone Age and pre date the pyramids by 500 years.

An additional ninety monuments have been recorded in the area giving rise to one of the most significant archaeological complexes in terms of scale and density of monuments and the material evidence that accompanies them. The Brú na Bóinne tombs, in particular Knowth, contain the largest assemblage of megalithic art in Western Europe.

This visit also included a visit to the national Gallery of Ireland and in particular the work of JB Yeats.

Students gained a wealth of knowledge from their visit and experienced.

Vicki Hurley.

Calendars for Pieta House

2016-17 creative engagement resulted in the creation of 14 individual art works in various media with artist Martina Gleeson. These images were used to create a calendar, proceeds of which went to Pieta House. The total raised was €2385 and we would like to thank Supervalu Grange, Douglas Court Shopping Centre and Douglas Village Shopping centre who allowed TY students to sell these calendars for such a great cause.

Vicki Hurley

Texaco Art Competition

Some very artistically talented artists entered for the Texaco Art Competition this year with their teacher Ms. Hornbrook. There is always a very high standard in this competition, so well done girls.



School Environment with Student Council and Julie Potter

This year the student council focused on improving the visual school environment so to inspire and motivate students within the school community. Consultation between the Art department, student council and artist Julie Potter resulted in several areas within the school environment being transformed.

Teen Graphic Novel

The Teen Graphic Novel Project is run by the Cork City Library in association with Colin O' Mahoney and Alan Corbett. It consisted of a workshop on Saturdays in Blackpool Library which ran for 8 weeks and paired teenage writers and artists together to form a compilation of 4 page comics which are then published.

As I am an artist I was paired with a writer and I illustrated her story. It was a great experience and a great opportunity to work with other artists and writers. I would highly recommend it for anyone who has an interest in art, illustration and story writing.

Remi Noonan TY3



Leaving Certificate Graduation Day 2018



Leaving Cert Students assembled for their final assembly on Thursday 24th May. The morning began with speeches from Principals, Head Girl, Deputy Head Girl and Year Tutor and Assistant Principal Ms Aoife Ronan. There followed some "Thank You"s to the various Leaving Cert groups who helped with the morning and end of year festivities. Rachel Holland's mother baked the Graduation Cake which depicted a girl leaping from the cake and reaching for the stars. A slide show prepared to some favourite songs had the girls reminiscing on the last six years at school. There was laughter and tears. The afternoon started with Mass celebrated by Fr. Billy O'Sullivan in Christ King Church after which students, parents and teachers returned to the school for refreshments and greetings. Good Luck to all of the girls for the future.





Leaving Certificate Graduation Day 2018



Art Murals

Two very beautiful murals were unveiled on the 23rd May.

The murals are the work of Transition Year students who have worked with artist Marie Harkin and their teachers as part of the NAPD Creative Engagement process. One of the murals depicts various Cork scenes, which is largely the work of Remi Noonan while the other is a beautiful depiction of Celtic Imagery. Well done to all of the artists involved. We know that they will add to the ambiance of the school in the years ahead. The Murals were officially unveiled on Wednesday 23rd May at the Prize Giving Ceremony by Niamh Twomey, Heritage Officer at Cork City Council.



Remi Noonan and Marie Harkin at work



Art Mural: NAPD

In October, during our special option art class my art teacher Ms. Hurley told us of a plan to do 2 murals for the school based on themes of Cork and Ireland. We were split into 2 groups to come up with ideas for the layout. Our theme was Cork. I drew up a plan which was then chosen by Ms. Hurley and Marie Harkin, our guest artist, for the Cork mural.

I chose Cork landmarks that I was familiar with and that I felt people would recognise, i.e. Shandon, Blarney Castle, Irish dancers, a Cork Hurler, the Holy Trinity Church on the river Lee, Irish fiddler and an Irish cailin. I worked on the plan in my spare time over a period of 4 weeks. After Christmas, our work consisted of drawing the plan on a large scale before we even started to paint it. With the help of my class, it took long hours of art classes, extra classes, working after school and coming into school during the holidays. The end result was amazing and I really enjoyed working on it. It is a great showcase for Cork Heritage and I really hope you like it.

Remi Noonan.TY3

Art Award



Molly Kennedy Trainor and her teacher Molly McEntee

Molly Kennedy is the Provincial winner for Munster in Mental Health Ireland Art Competition. She won against thousands of entries. Well done to Molly and her teacher Molly McEntee.



Medisa Khajavi



Medisa Khajavi 3F is a member of the Climate Ambassador programme. This programme trains and supports individuals who are taking actions towards climate issues. Medisa was recently invited to give a presentation in the climate hope forum in county library headquarters and was also invited to give a speech in the Green School award ceremony 2018 in Radisson Hotel, Little Island.



Her presentation was about the actions she had taken as a climate ambassador and to encourage the audience to start taking actions towards climate issues."

Well Done Medisa

Surgeon Noonan Fundraiser



Past Pupils and UCC Medical Students, Tara O'Sullivan and Rachel Finn approached us this year to help them raise funds for their volunteering trip to Africa this summer. The girls will work on various health projects with the people of Tanzania. Michelle McGinley organised Ceilís during Seachtain na Gaeilge and charged €2 each to the girls and boys who danced there. Irish

Flag Badges donated by the Thomas F. Meagher Foundation were also sold. A total of €50 was presented to Rachel and Tara on 27th April by the Head Girl Caoimhe Sreenan. We hope they will enjoy the summer in Africa and we are proud that they, as past pupils, are willing to be part of that volunteer work.



Paris in the Springtime - 5th Year enjoy the views



Fifth Year students enjoyed a tour to Paris in the spring. They enjoyed the sightseeing at the Louvre, the Eiffel Tower and Euro Disney. They would like to thank their teachers who organised the tour and accompanied them.



French Exchange



We have now been organising French Exchange with Saint Saviour School in Redon France for more than 23 years. It is very special to us and beneficial to the students. We would like to thank the teachers who travelled this year.





Kolkata 2018



A group of 5th Year students and their teachers, Ms. Sarah Curtin, Mr. James Mulcahy and Mr. Michael Carroll set off for Kolkata to support the work of the HOPE Foundation in February. The group raised funds to travel there and support the organisation in its very good work there. As usual the girls gained a lot from the experience and had great fun and understand that it is in giving that we receive.





Transition Year Trade Fair 2017



We look forward to the Trade fair every year. This year, without fail, it took place on Friday 15th December 2017. This year the companies were named TY1, Live while we're Young, TY2, Break Through, TY3, Diversity, TY 4, Let's Explore, TY 5, Positive Vibes, TY6 Predicts. There was great fun on the day and funds raised for the COPE Foundation. The Parents Council also held their Christmas raffle.



TY Tayto Park Trip 2018



The Business Department organised a trip to Largo Foods/Tayto Park for all transition year students on Tuesday May 1st. It was a fantastic and enjoyable day out for all involved and definitely one of the highlights of the year. The day comprised of the following:

- A tour of the factory where they make Tayto crisps and other well-known brands.
- Zoo Tour and classroom session on Conservation and Stewardship.
- Animal Encounter with the birds of prey.
- Fun in the Theme Park

Thanks to all the teachers who made the trip possible; Diarmuid Hurley, Geri Bouse, Eileen Clancy, Brian Lenihan, Niamh Russell, Molly McEntee, Mary O'Leary and Aoife Ronan.



The Spanish Students

For a number of years now Spanish Students have been coming to study at Christ King. Some come for the year, others for a longer period. Some come to stay with host families while some come with their parents who are working here. They hail from Northern Spain as far south as the Canary Islands and always they bring that ray of sunshine with them. Here are some of their impressions of life and school in Cork:-

"My name is Carolina and I'm from the Canary Islands (Spain). When I came here I was scared about this experience; new people, new school, new routines, but after a couple of weeks my life started working in Ireland. I came here to learn English and I have enjoyed this year so much. I really don't want to leave now because I'm going to miss all the people that I met during this fab adventure for me. I'm going back to Spain knowing that a part of me is always going to be in Ireland and is always going to be part of Christ King Secondary School"

Carolina Gonzalez



Carolina (in white coat) at work on a mural

"My name is Paula Cano, I'm doing TY this year. This is my second year living in Ireland, so my second year in the school.

Last year I did my Junior Cert, it was kind of hard but I passed all the subjects I did. This year was unbelievable, we did many activities, in which I had so much fun. I made new friends that I didn't know last year.

The learning system of Christ King School is very different compared to my school in Spain. The Irish one is so much better because we do more practical things, I mean with activities and everything.

I'm so happy I moved to Ireland to learn English".

Paula Cano

The Spanish Students





Bronze Gaisce Award



Gaisce-The President's Award is a self-development programme that encourages you to find your passion, get active and make a difference in your community! Gaisce is a direct challenge from the President of Ireland to young people aged 15-25 to dream big and realise their potential. There are three levels of Gaisce- Bronze, Silver and Gold. The more time and energy you give, the greater the award.

The starting award is bronze and the time span for this award is 26 weeks i.e. 13 weeks for each of the challenges—Physical, Community and A Skill and then you double the time and do 26 weeks for any one of the challenges.

For my community work I went to Penny Dinners. This is a voluntary shelter for the homeless which gives out hot food and supplies for those in need. I did this for 1-2 hours every Sunday for 13 weeks and I really enjoyed it.

For my physical skill I did Irish Dancing every week for 13 weeks.

For my new skill I took up Cooking. Every Saturday I would either make the dinner or bake something nice! That was really fun. I found my cooking skills improved as the year went on. I did this for 26 weeks.

The Adventure Journey was a 35km hike over 2 days. We walked along the Old Kenmare Road from Kenmare to Killarney and part of the Kerry Way overlooking Kenmare Bay. This was very challenging for all of us and despite the inclement weather we all came home with great memories. Some of us found it very difficult from nearly giving up half way to the stress levels of getting home in time for The Ed Sheeran concert! J

I would highly recommend Gaisce to the upcoming 4th years as you will create many memories, make new friends, find new hobbies you like and build up your confidence which in my opinion is what TY is all about.

Submitted by Clodagh Molloy TY 2



Mrs Shanahan would like to thank the following for their valuable support during the year:

The SNA's – Ber Kelly, Marie McAuliffe, Ciara Halpin and Triona O'Callaghan who got so involved in the Gaisce Challenges during the year.

The teachers who accompanied the girls on the Adventure— Ms Curtin, Ms O'Connell, Ms Hickey, Ms O'Leary and our retired colleague Mrs Sheila Brosnan.

Ms O'Leary who organised Community Work in the school every week since last September for over 30 students and supervised the girls doing same.





Afternoon Tea – May 29th 2018



We were delighted to invite our former colleagues to Afternoon Tea on the afternoon of May 29th. We did some great catching up with news etc. We value all of those who ever contributed in any way to the advancement of the school. Their contribution is always valued and treasured by the present school community. It was great to see so many of them visit.



Geography Field Trip



The annual Leaving Cert Geography Field Trip took place this year on 21st February. The girls and their teachers Mr. Fergal O'Leary, Ms. Martina O'Mahony and Ms. Ruth Kingston travelled to the shore at Ballycotton to examine the cliff and beach formations. It was a dry fine and cold day but it was a day enjoyed by all.



Leaving Cert Newgrange Visit



On the 27th September 2017, as part of the Leaving Cert Art course the Art class visited Newgrange, a 5,200 year old passage tomb located in the Boyne Valley in County Meath. Newgrange was built by Stone Age farmers, the mound is 85 meters (93 yards) in diameter and 13.5 meters (15 yards) high, an area of about 1 acre.

A passage measuring 19 meters (21 yards) leads into a chamber with 3 alcoves. The passage and chamber are aligned with the rising sun at the Winter Solstice.

Newgrange is surrounded by 97 large stones called kerbstones some of which are engraved with megalithic art; the most striking is the entrance stone.

Access to the Newgrange monument is via the Brú na Bóinne Visitors Centre.



Helping others has also helped me.

Evening Echo, Monday, February 5, 2018

Taking part in the Meitheal programme has changed my life. So says CLODAGH FLYNN, fifth year student at Christ King Secondary School, who tells us about the scheme aimed at first years.

ALL parents and young people in Ireland can agree that the transition from primary to secondary school isn't easy. With new subjects, lockers and friends the whole process can be overwhelming for the first years. Thanks to programmes such as Meitheal, this makes the transition a little bit easier for both parents and students alike. The word Meitheal derives from an old Irish word meaning work team where groups of neighbours helped one another in turn with farming work.

The Meitheal Youth Leadership programme has been running since 1922. At present, there are currently 24 secondary schools in Cork city and county involved. These 24 schools each have a 'team' with roughly 10 students selected in representing the school for the academic year. The Meitheal team meets the first years on their orientation day in the school, checks in on them weekly and organises games and icebreakers for them.

I was lucky enough to be given a spot on my school's team for the year 2017/18. My older brother was part of his school's team in 2014 and he had thoroughly enjoyed it and always talked about it, so I always knew I was going to apply when my time would come. I was quite shy myself when I arrived in to first year, even though my primary school was a feeder school. I still remember how much the Meitheal team helped make the new building a much more comfortable environment for myself and the rest of my year group. I felt more comfortable talking with them if I had a problem because they were also first years at one point in time and they aren't authoritative like a teacher.

As part of the Meitheal team, I wanted to improve somebody's first year in secondary school. I want to know I have done my job to the best of my ability. It all started back in January of Transition Year where I had to fill out an application form and write a 300 word answer on the needs of young people and what leadership means to me. Next an interview was arranged in March with one of the Scala members to see if I deserved to be given a place as it's a well-known programme in the school and in Cork. Ten of us were chosen, to much delight (a few tears of joy were shed!). The next challenge was the four-day training block that was going to be held the following month in the Scala Retreat and Conference centre in Blackrock. The training though it was intense, helped us bond as a team. It identified the needs in our school and the needs of the first years. We also took part in a personality test that uncovered our talents, strengths and weaknesses and found out that without all of these, there would be no team. I also discovered that I am half an introvert and half an extrovert and it depends on the situation that decides which part of me will show.

Over the four day training, 'JCH' was our motto — it stands for Justice, Compassion and Humility. We tried to use it and see its evidence through every exercise we did and presentation we made. I'm still not the best at public speaking but I'm much better than I was! The training was brilliant as I got to meet



people my age that didn't live in the city and I even got to know the rest of my team as before we would have all moved in different social circles. I'm happy to say I have made friends for life.

Meitheal looks extremely impressive on your CV as it shows leadership and teamwork skills which are both big demands in the world of employment. Youth Leadership isn't just a programme in secondary schools. It follows students to University where programmes like 'Peer Support' exist. This is where upperclassmen (usually second years) help the incoming Freshmen on their orientation day around campus in September. My brother was also part of this and he thanks Meitheal for getting him the job.

Since we've been back at school we try to visit our first year students as often as we can, talk with them and play icebreakers. We also plan events for them, for example at Christmas we organised a table quiz for them and it was a big success. I'm not going to lie and say balancing both Meitheal and fifth year is easy, it's not. But we make it work and if you want to apply you must learn to set aside time to meet once a week as a team and make an effort.

I was elected to be Chairperson of my team for the second half of the school year. There is also a secretary who takes the minutes of our weekly meetings and a social organiser who works with Scala in planning events for all the teams. We are lucky enough to have a lovely room in our school where we hold our team meetings once a week at lunchtime. The room is equipped with couches, blankets and a kettle so we can make tea and talk all things Meitheal. It's a great way to escape school for 35 minutes and just focus on the first year pupils and their needs.

As the recruitment stage rolls around again and a new team is picked, I want to thank Meitheal for what it has taught me this past year. It has helped me develop as a person and make lifelong friends. I recommend every student who has the opportunity, to apply for it!



Clodagh Flynn (front row, first person to the left) with Meitheal team members, from Christ King Secondary School, at their training day.

Gougane Barra 2018



Transition Year students went on their Annual Visit to Gougane Barra on 11th May. The day started very wet in Cork City but by the time the group reached Gougane the sun was shining. Mass

was celebrated and the annual picnic followed. A great day was had by all.

We can cook Italian!



On Friday evening the 20th April a group of Christ King staff went across the road to our neighbours at Cookery Cottage to learn to cook an Italian meal. A really pleasant evening ensued where we learned to cook Chicken Basilica and Pizzaiola Sauce with fresh pasta, Lemon Drizzle Cake and Oreo Cupcakes which all tasted delicious.



Roman Holiday



On the 26th of March, we travelled to Rome with 38 other students and 4 teachers. We had a very early start, leaving the school at 1am for a 6:30 flight from Dublin airport to Rome. We arrived in Italy at 11am and immediately met our coach to bring us to the centre of the city. Here, we got some free time to explore and find a place to eat. We all met up again to get some gelato before we began our walking tour of the city with our tour guide Sylvia. We saw many of the wonderful sights the city had to offer such as the Pantheon, the Trevi Fountain, and the Spanish steps. We were all absolutely exhausted after our day of travelling and walking so we hopped on the coach and made our way to the hotel just outside Rome. We sat down to eat our dinner, sampling many of the pasta dishes and other delicious foods. It was easy to see why the Italians are famous for their cuisine!

The second day, we travelled to the Vatican. We took in all of the beautiful artwork and architecture on show there. That evening we got a chance to experience the 5D Time Elevator that took us through the vast and interesting history of the city of Rome.

On the third day, we set our alarms for 6am as it was a long 4 hour bus journey to Mt Vesuvius and Pompeii. This was by far our favourite experience of the whole trip. The breathtaking views from the crater of the volcano were perfect photo opportunities for the selfie stick. We went for lunch in Naples and we all got pizzas (cliché, we know). From there, we walked across the road to Pompeii where we met up with our tour guide Antonio. He was a great man for the selfies and teaching us some Italian phrases. Oh, he also knew a bit about Pompeii too. That night after

dinner, Ms Hayden called a meeting for our very own prestigious, invitation only, "Rome Oscars". Awards included "Best Tour Guide", the "Poor Crater award", "Best Photographer", and many more unique awards. However, we must give a special shoutout to the winner of "Best Actress", Cally (Ms O'Callaghan) on her outstanding performance in "Rome" co-starring Ms O'Leary, Ms Hayden and Mr Carroll. Turns out her birthday is actually in December... awkward.

On the last day, we visited the Colosseum and the Catacombs. We took a selfie with some gladiators and saw some huge seagulls. The Colosseum was pretty cool too. The Catacombs were very interesting...when we eventually got to the right ones! Unfortunately after the Catacombs, our time in Rome had come to an end.

With some gloomy faces and heavy hearts, we travelled to the airport to catch our flight back to Ireland. Ms O'Callaghan even got one last "Happy Birthday" when the plane landed in Dublin (sorry Miss). We'd love to give a big 'grazie mille' to the teachers who travelled to Rome with us and made sure we all had a great time. We'd like to thank Ms Hayden for organising the best school tour Christ King has ever seen, Mr Carroll and Ms O'Leary for putting up with 40 students for 4 days, and Ms O'Callaghan for listening to all 12 renditions of "Happy Birthday" over the course of the trip. We can honestly say on behalf of everyone that it was a fantastic trip that we will remember forever!

Niamh Costelloe and Aisling O'Connor



Comhairle na nÓg

Three fifth year students Katie Mulhall, Ruth O'Regan and Nicole Herana have been busy advocating Cork City Councillors for improved mental health training and services for young people. Members of Cork City Comhairle na nÓg, speaking after a recent city council meeting said training young people to speak to their peers about mental health issues can greatly help young people. They added that Safe TALK should be made accessible to younger people, as currently it is only made available for those over the age of 18. Members of the Youth Council were present at City Hall when councillors agreed to call on the Minister for Health to assess the possibility of introducing a tailor-made, HSE-approved Safe TALK training programme, relevant to young people aged between 16 and 18.

We salute your good work girls.



Megan Hosford - St Vincent De Paul

Congratulations to Megan Hosford, 1st Year, who organised a concert with Pat Fitz and raised over €400 for St Vincent De Paul. Well Done Megan



Parents Council 2017-18

The Parents Council were busy this year. They met on the first Tuesday of every month. They welcomed visitors on Open Night, helped with supervision at retreats, organised the Christmas Raffle and the very successful Table Quiz on the 12th April at the South County in Douglas. On the 15th May Fr. Ben Hodnett celebrated Mass in the Library and a celebration of the year's work followed in the staffroom. A cheque for €1500 was presented to the school towards funds for Sports Gear.



Spike Island Tour



First Year students went on a History Tour to Spike Island on the 15th May. It was an experience enjoyed by all and it is on our door step.



Business Awareness Day 2018



The Business Department held a one-day event for all transition year students to introduce the girls to the world of Business. Activities for this event included guest speakers with different business backgrounds, brand awareness & a global marketing quiz. Transition year students had the opportunity to engage with local business people and learn about their career path, qualifications, business start-up experience, training & development and financial rewards.

Many thanks to the organising committee for all their hard work in co-ordinating this event. Aoife Ronan, Geri Bouse, Diarmuid Hurley, Eileen Clancy, Jamie Torpey & Brian Lanigan.



Speakers included:

- Kate Barry (past pupil) Brand Manager at Barry & Fitzwilliam Drinks Distributor
- Katie Crowley (past pupil) Accounting
- Anna Harte (past pupil) Finance

The Global Marketing Quiz was a great success with all TY students involved and congratulations to our winners.



Transition Year Mayfair

As well as the Christmas Fair the TY classes have in recent years introduced a Mayfair which heralds the start of summer and good weather while it also boosted funds presented to the COPE Foundation on 18th June, which topped €4000.





First Year Wellbeing Showcase



This year as part of the Wellbeing Programme in First Year the first year classes enjoyed singing dancing and drama as a means of enhancing wellbeing. They put on a showcase of their "year's work" for their parents in May which was really enjoyed by all.





Beauty and the Beast



Every Friday after school the drama group were busy working under the direction of Ms. Sarah McInerney and Ms. Sophie O'Brien. The final showing was Beauty and the Beast which was presented on the school stage over two nights, on its own and

as part of the First Year Wellbeing Show. The girls really enjoyed working with Ms. O'Brien and Ms. McInerney and thanked them for their care and interest in their talent.



Lunchtime Clubs

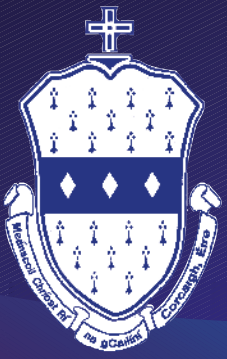


Would you like to join one of our lunchtime clubs?? We have many. There is the Social Club which meets Monday, Tuesday, Thursday and Friday in the Library. Get to know new friends and play some board games etc.

The Club Gaelge meets once a week in the Geography Room and have great fun "as Gaelge" and there is the tea and Seachtain na Gaelige events.

The Creative Writing Club also meets in the Geography Room and is a hive of creative ideas for story writing. Maybe you have a good story to tell. Listen for announcements next term.





OUR PRESENTATION TRADITIONS



Nano Nagle Tercentenary

On the 25th April the Presentation Sisters celebrated the Tercentenary of the birth of Venerable Nano Nagle, their foundress. Many sisters travelled from abroad to celebrate in Cork. They conducted a Twilight Walk from the North Cathedral to the South Chapel and onto Nano Nagle Place and the Goldie Chapel. We were glad to be part of those ceremonies. Under the guidance of Ms. Michelle McGinley and Ms. Laurie Power our students played, sang and danced at the South Chapel. The sisters came to thank the girls on the 30th April. They presented the school with an Icon designed by the new leader of the Presentation Sisters, Sr. Julie Watson who hails from Youghal, County Cork.



Christ King Girls at St Finbarrs South Chapel



Presentation Sisters Visit

Thank You

Thank You to all those students who helped with the SHARE Collection, the third and sixth year Masses, the Advent Service and Lenten reflection.

A Sincere Thank You to all who contributed Articles, photographs and information to this issue. Your contributions are greatly appreciated.

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Lithuanian Visitors

On the 28th February, just at the start of the snowy weather we welcomed a group of teachers and principal teachers who were on a visit to Cork and Ireland. We introduced the visitors to our students with a Lithuanian background who were very happy to greet them. We look forward to more such visits in the future.