



news from ceist...

30 June 2010

CEIST is the trustee body for the voluntary secondary schools of the Daughters of Charity, the Presentation Sisters, the Sisters of the Christian Retreat, the Sisters of Mercy and the Missionaries of the Sacred Heart.

Feature

CEIST Educational Conference 2010

The theme for this year's Conference is "Meeting the Tide" and it is being held on Thursday 30th September and Friday 1st October. The venue for the conference is the [Killeshoe House Hotel](#), Naas, Co. Kildare. We are delighted to announce the following keynote speakers;



Fr. Michael Drumm: Fr. Michael Drumm has been appointed Chairperson of the recently established Catholic Schools Partnership. He has published numerous books and articles on the role of religion in Irish society. He also works part-time in the parish of Esker, Dublin.

Baroness Nuala O'Loan, DBE: Baroness Nuala O'Loan, DBE, is a noted figure both nationally and internationally. As Police Ombudsman for Northern Ireland, Baroness O'Loan was courageous in her leadership and was instrumental in the reform of Policing and Law Enforcement. In 2008, Baroness O'Loan was appointed by the Irish Government as special envoy in Timor-Leste (East Timor).

Fr. Lou Delfra, Chaplain, ACE - Notre Dame University, Indiana, U.S.A.: Fr. Lou is a Holy Cross priest, ordained in 2004. He directs Biblical Studies for Campus Ministry at the University of Notre Dame and serves as chaplain for the Alliance for Catholic Education (A.C.E.).

The workshops are almost finalised and our conference brochure will be distributed to our schools shortly and also made available for download through the CEIST website.

CEIST News



Members Area

CEIST would like to thank the Principals and Deputy Principals, listed below, who we requested to review our Members Area. The feedback obtained from the reviews will be invaluable to us in providing an appropriate platform for sharing useful ideas, resources and best practice for our members.

The Principals and Deputy Principals, selected at random, who kindly participated in the review were **Maree O'Rourke (Tuam)**, **Caroline O'Reilly (Kells)**, **John O'Roarke (Mounthawk)**, **Shane Hallahan (Loughboy)**, **Patricia Higgins (Templemore)**, **Geraldine Mulvihill (Drogheda)**, **John O'Donovan (Ballybunion)**, **Josephine Donohue (Ballymahon)**, **Vivien Fitzgerald-Smith (St. Aloysius School, Cork)**, **Marie Collins (Thurles)**, **Tom Fennessey/Angela Cahill (Ballinagarry)** and **Vincent Donovan (Navan)**.

CEIST Prayers for Chairs



Nurturing Teacher Spirituality: The Froth or Foundation of Teacher Education?

CEIST Faith Development Co-ordinator Dr. Amalee Meehan and Dr. Daniel O'Connell of Mary Immaculate College Limerick presented a paper entitled "Nurturing Teacher Spirituality: The Froth or Foundation of Teacher Education?" at a conference on Spirituality and Education recently in Dublin City University.

This conference brings together academics and practitioners to consider how the boundaries between spirituality and religion have changed and the implications of this change for educational goals.

Amalee's paper was very well received. [Click here](#) to view the abstract on each presentation held at the conference.



CEIST Check list for 2010-2011

The following may be useful to our schools as a quick reference point for submissions to the CEIST Education Office.

School Support

Annual Report: To be submitted before October 1st.

School Statistics: To be submitted before November 1st.

Board of Management Minutes: To be submitted as soon as practical after each meeting. Please ensure that the original signed copy is kept in your office.

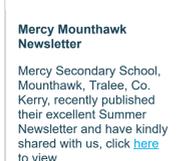
School policies: "Admissions", "Code of Behaviour and Discipline".

Finance

Annual Accounts - 1st November. **Licence Fee Payment** - 31st October.

Insurance Payment to Allianz - First Moiety by 1st April, 2nd Moiety by 1st October.

Annual Budget - 31st March.



Mercy Mounthawk Newsletter
Mercy Secondary School, Mounthawk, Tralee, Co. Kerry, recently published their excellent Summer Newsletter and have kindly shared with us, [click here](#) to view.

Send us your news!
CEIST Education Office welcomes news items for publication each month.

Please send any news items, events, photo's, etc. to info@ceist.ie.

The deadline for the next issue is Tuesday 31st August, 2010.

Irish Teaching and Learning Festival

The Irish Teaching and Learning Festival is Ireland's first interactive conference and exhibition focused on the future of education in Ireland.

The festival is free to all who register to attend.

[Click here](#) for further details.

News from CEIST Schools



St, Mary's Secondary Nenagh Project

A very attractive wall of Teddy Bears in St. Mary's Secondary School, Nenagh, was testament to the hard work of teachers, students and even some of their grannies, in knitting beautiful teddy bears in response to an appeal from Mercy Sisters working in Kenya for teddy bears for the sick children in their hospital.

Their appeal was based on the premise that sick children get better more quickly if they have something to cuddle.

[MORE](#)



Presentation College Carlow Zambia Week!

Presentation College, Askea, Carlow recently hosted two teachers and four students from Kaoma, Zambia, as part of their ongoing involvement on the Global Education Experience Project.

CEIST Faith Development Co-ordinator Margaret Farrell was invited to attend the launch of Zambia Week and we have included a link to an article published in the Presentation Sisters' website on the return visit of the School's Zambian friends.

[MORE](#)



Scoil Mhuire Strokestown Commence New School Building

Scoil Mhuire Strokestown had their official turning of the sod for the new School Building on Wednesday June 8th, 2010.

The school extension has commenced and it is costing 3.7 million euro to complete.

[MORE](#)



Meán Scoil an Chlochair Kilbeggan Open New Autism Unit

The Tánaiste and Minister for Education and Skills, Mary Coughlan TD, has officially opened a new state of the art Autism Unit in Meán Scoil an Chlochair, Kilbeggan, Co. Westmeath.

The new unit, which was built at a cost of €100,000 and funded by the Department of Education and Skills, is expected to make a significant difference to the lives of the pupils who attend.

The unit currently caters for two children and has a staffing allocation of 1.5 teaching posts and one SNA post.

Meán Scoil an Chlochair school has an enrolment of almost 400 students.



Presentation College Tuam raise money for the Galway Parkinsons Association

A fundraising day was held recently in Presentation College, Currylea, Tuam, Co. Galway to raise money for the Galway Parkinsons Association.

It was a great day and over 1,200 euro was raised for the chosen charity.

[MORE](#)



Presentation de la Salle College Bagenalstown Student Awards

Students at Presentation de la Salle College in Bagenalstown recently got all their hard work in both the classroom and on the playing field rewarded when the school hosted an end of year awards night.

The guest speaker for the awards night was CEIST Director of Faith Development, Mr. Ned Prendergast.

[MORE](#)



School Monthly Profile - Presentation Secondary School Listowel

Presentation Secondary School, Listowel were our profiled school for June, 2010. Presentation Secondary School is a Catholic School for girls situated in Listowel, Co. Kerry, Ireland.

It was founded in 1930 by the Presentation order of sisters. From an original enrolment of 60 girls, it has grown to become one of the largest all-girls secondary schools in County Kerry.

[MORE](#)

Reviews



Internet Safety for Children

From illegal file-sharing to online grooming, cyber bullying and exposure to explicit sexual material, the internet is fraught with potential pitfalls – but there are steps you can take to police your children's online usage.

ONCE CHILDREN are allowed to go out without a parent, they should know the drill: the who, what, where and when.

[MORE](#)

Technical Tips



Downloading and Converting YouTube Videos

The following link demonstrates how to download Youtube videos and convert them into your desired format for free!

The demo provides two websites for the downloading and converting of Youtube videos, which are as follows;

- <http://keepvid.com>
- <http://vixy.net>

[MORE](#)



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St. Mary's Secondary School Nenagh Project

Tuesday 29th June 2010

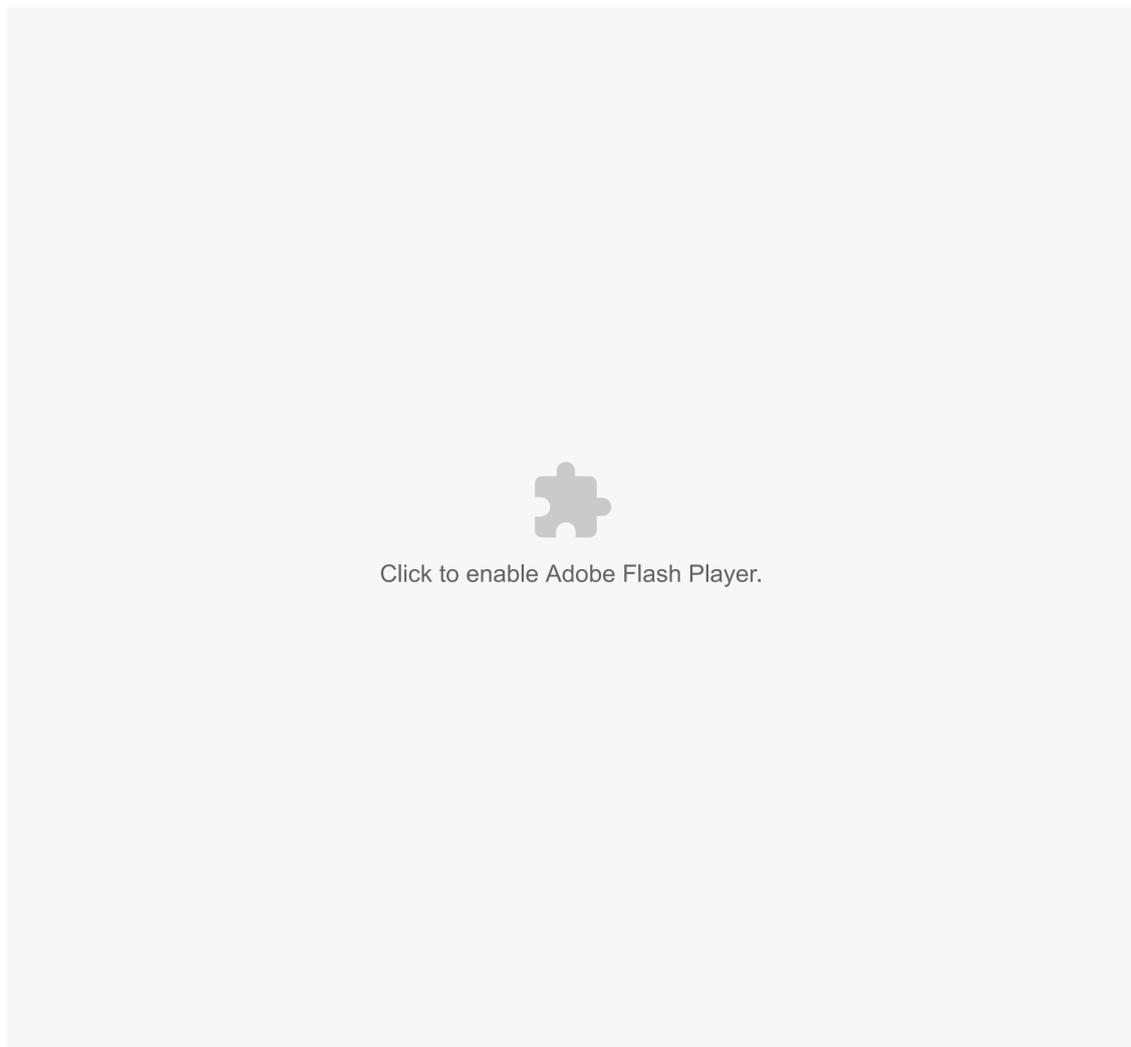
A very attractive wall of Teddy Bears in St. Mary's Secondary School, Nenagh, was testament to the hard work of teachers, students and even some of their grannies, in knitting beautiful teddy bears in response to an appeal from Mercy Sisters working in Kenya for teddy bears for the sick children in their hospital.

Their appeal was based on the premise that sick children get better more quickly if they have something to cuddle.

Sr. Maureen, the school chaplain, communicated the appeal to staff and students, and they responded by making the knitting of Teddy Bears their Lenten project.

Students from all year groups in the school together with teachers of all subjects – and even a few Grannies took up their knitting needles enthusiastically and produced many beautiful teddies which have brought much love and caring from Nenagh to Kenya, and are, no doubt, much loved and cuddled as they help sick children feel better.

Photos





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Scoil Mhuire Strokestown Commence New School Building

Monday 14th June 2010

Scoil Mhuire Strokestown had their official turning of the sod for the new School Building on Wednesday June 8th, 2010.

The school extension has started and is costing 3.7 million euro.



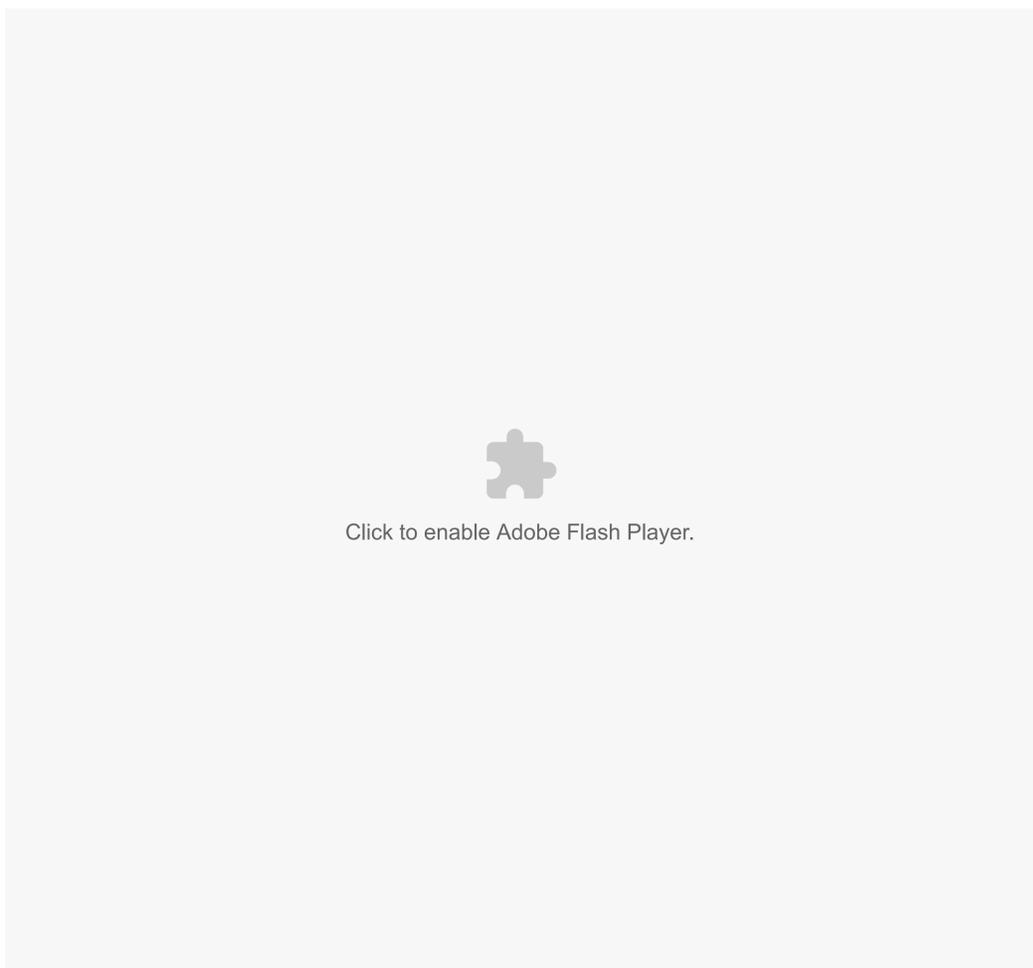
Pictured above School Principal Eamon Corrigan and Deputy Principal Bernie Condon

surrounded by staff members of Scoil Mhuire, Strokestown, Co. Roscommon.

It is a 21,000 square foot extension with a new woodwork room, new metalwork room, two new science rooms and a seperate PE facility.

Junior Minister Michael Finneran turned the sod on Wednesday June 8th, 2010 and the new building should be completed in twelve months.

Photos





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Presentation College Tuam raise money for the Galway Parkinsons Association

Wednesday 23rd June 2010

A fundraising day was held recently in Presentation College, Currylea, Tuam, Co. Galway to raise money for the Galway Parkinsons Association.

Students were exempt from wearing uniform on the day and a teachers v students uni-hock match was played in the school gym at lunchtime.

It was a great day and over 1,200 euro was raised for the chosen charity.





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Presentation de la Salle College Bagenalstown Student Awards

Thursday 3rd June 2010

Students at Presentation de la Salle College in Bagenalstown recently got all their hard work in both the classroom and on the playing field rewarded when the school hosted an end of year awards night.

Overall, almost fifty awards were handed out to students from all years, with the exception of Transition Year which had their own separate celebration last week.

At the main awards night, accolades were given in recognition of academic achievements, sporting feats and general contribution to school life. Students who won the awards were invited to the ceremony not knowing in which area they were to be recognised so the excitement in the hall was great.

The main awards were the Student of the Year with Shane Brooks from Fenagh being awarded in First Year, Second Year's winner was Dearbhla Reid from Bagenalstown, while Third Year student, Michelle Bridgett from Bagenalstown was deemed the best.

Fifth Year Agnes Kavanagh from Bawnree won the top prize with Sixth Year's Joanne Dowling from Seskinryan being named the best overall in her year.

The guest speaker at the awards night was Mr. Ned Prendergast, Director of Faith Development, CEIST.



Pictured above are recipients of Academic

Awards with guest speaker Ned Prendergast and School Principal Gerry Watchorn.



Students who received School Life Awards with

guest speaker Ned Prendergast, School Principal Gerry Watchorn and teacher Bernadette Morrow.



Students pictured above who received Sports

Awards.



School Support

Presentation Secondary School, Listowel

Presentation Secondary School, Listowel is our profiled school for June, 2010. Presentation Secondary School is a Catholic School for girls situated in Listowel, Co. Kerry, Ireland.

It was founded in 1930 by the Presentation order of sisters. From an original enrolment of 60 girls, it has grown to become one of the largest all-girls secondary schools in County Kerry.

It offers a wide range of subjects, the teaching of which is guided by the pastoral care ethos of the Presentation order's foundress, Nano Nagle. There are 3 different Leaving Certificate Programmes available to students as well as an optional Transition Year programme.

Click [here](#) to view the School Mission Statement, School History and contact details.

Recent News and Events

Academic Awards

Leaving Cert Applied 2009 - Saorcha Fitzgerald



Saorcha Fitzgerald is pictured above being presented with a certificate from Senator Fergal Quinn to acknowledge her outstanding results in Leaving Cert Applied 2009.

School Yearbook 2009 Contribution - Katie Wall



Sr Consolata (former Principal and Trustee) presents Katie Wall an award for her contribution to the School Yearbook for 2009.

Joint Students of the Year 2009 - Jane Kissane and Barbara Mulvihill



Jane Kissane and Barbara Mulvihill having a chat after being awarded the Nano Nagle joint Student of the year at Presentation Secondary School Listowel.

Contribution to L.C.V.P. Programme - Jacinta McCarthy



Jacinta McCarthy is presented an award by Sr Consolata for her contribution to the L.C.V.P. programme.

Music Award - Holly Doyle



Pictured above - Holly Doyle receiving her award for Music.

Senior History Award - Joanne Gilbert



Joanne Gilbert pictured above receiving her Senior History Award.

Trocaire Fund Raising

'Willy Wonka was a resounding success'

As part of the L.C.V.P. programme a group of 5th Year Students ran a mini-company and successfully raised money for Trocaire Haiti Appeal money for Trocaire Haiti Appeal.

They sold scrumptious chocolate desserts with an array of mouth watering dips which were enjoyed by both students and staff.

A cheque for €600 was gratefully received by Janet Twomey who is the Munster Regional Development Officer of Trocaire. She visited the school and spoke to the girls about the work being done by Trocaire in Haiti.



A special thanks to our very generous sponsors, Garveys Super Valu and T'n T Celebrations.

Pictured above (back L-R), Elaine Hudson, Marie Mason, Teresa Culhane (Teacher), Janet Twomey (Regional Development Officer for Trocaire in Munster), Leann Costello, Geraldine O'Connor (L.C.V.P. Co-ordinator), Sonia Sheehan, Kayleigh Donegan Front L-R, Michelle Henchy, Jennifer O'Donoghue, Laura McCarthy, Maire Dillon, Regina Cremin, Heather O'Rourke, Lorraine Foley, Yvonne Camody.

First in Ireland in Technical Graphics!

Presentation Secondary School, Listowel Technical Graphics teacher, Mr. Brian Coffey, was thrilled to learn of his student, Abigail Walsh, winning 1st place in the Country for Technical Graphics.



Mr Brian Coffey, (pictured on left) is delighted to see his student, Abigail Walsh, presented with an award for coming first in Ireland in Junior Cert Technical Graphics. Sr. Nuala (Principal of Presentation, Listowel) is on the far right and Abigail's mother is also proud of her daughter.

School Mini-Company raises money for Irish Cancer Society



5th Year L.C.A. girls set up a mini-company called 'Crazy Chicks' to raise money for 'The Irish Cancer Society'.

As part of the L.C.A. programme in Presentation Secondary School, Listowel the students ran a mini-company making Easter Chocolate Nests to sell to students, staff, family and friends.

They worked together to make the product and fulfilled all their orders successfully.

They were delighted to raise €300 for their chosen charity. Their great effort was recognised by Maeve O'Brien (Chairperson of 'Listowel Cancer Support Group') who visited the school to accept the cheque on behalf of the 'Irish Cancer Society' from the girls.

Back L-R, Charmaine Dillon, Katie Heaton, Maeve O'Brien (Chairperson of the 'Listowel Cancer Support Group'), Teresa Culhane (Teacher), Michelle O'Brien Front L-R, Kaitie O'Connor, Paulina Lapczynska, & Amanda Healy.

Achievements

Badminton

Presentation Secondary School Listowel Students won the Kerry Schoolgirls Senior Badminton Championships, which were held in Tralee.



Picture above LtoR are Emer Liston, Sarah Murphy, Ms Keane Teacher, Elaine Hudson & Laura Stack.

Pres Listowel clean sweep of Schools Photography Competition!

Students from Presentation Secondary Listowel made a clean sweep of the schools Photography competition in the Ballydonoghue Magazine.



L-R Chloe Sheehy 2nd place, Maureen O'Donnell Committee, Keira Finucane overall winner, John McGrath Chairman and Editor, and Fiona Curtin 3rd place.

Make a Wish Foundation

As part of their L.C.V.P. programme the following pupils of Presentation Secondary School, Listowel raised €410 for the 'Make a Wish Foundation'.



Young Entrepreneur Finalists

Despite the recession, these Listowel students carried off some prizes at the Young Entrepreneur Competition recently.

Pictured below are Rosie Ashman who reached the final, Breda O'Connell and Michelle Horgan who were semi-finalists.



ISTA Senior Science Quiz 2009 Regional final Win

Presentation Secondary Listowel won the ISTA Senior Science Quiz 2009 Regional Final.



Picture above are the winning students, Anna O'Sullivan, Emma Guerin and Patricia Lynch.



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Steps to policing your children's online usage

Thursday 10th June 2010

The Irish Times recently featured the following article, which addresses internet safety for children and the inherent dangers for parents to note.

"From illegal file-sharing to online grooming, cyber bullying and exposure to explicit sexual material, the internet is fraught with potential pitfalls – but there are steps you can take to police your children's online usage

ONCE CHILDREN are allowed to go out without a parent, they should know the drill: the who, what, where and when.

Up to at least the age of 18 they should be expected to answer: where are you going? Who will you be with? What will you be doing? When will you be back? It is a routine interaction as parents set down ground rules in the real world.

It should be no different when children are venturing into the online world unsupervised – parents need to know what they are doing. Is it safe and is it legal?

The question of legalities is a discussion that may well be prompted shortly in some households by the arrival of a letter from Eircom. Following an out-of-court settlement with the Irish Recorded Music Association (Irma), the broadband provider is beginning to contact subscribers whose accounts have been linked to illegal music file-sharing.

Irma is taking legal action against other internet providers to try to force them to adopt a similar "three strikes and you're out" system – or, as Eircom likes to call it, a "graduated response". Its head of communications, Paul Bradley, stresses that the pilot programme is about education, and that the first letter will be followed up with a phone call.

Some parents may be blissfully unaware that their offspring are illegally downloading music in the comfort of their own home. But the threat of having the broadband connection cut off for a year if the activity persists is sure to concentrate minds, young and old.

An estimated one in every seven households in Ireland has been engaged in illegal downloading of music, according to the director of Irma, Dick Doyle. Pirating costs the Irish music business €14 million a year in lost revenue, he says, and this campaign to stop it is about "saving an industry".

If you would be appalled at the idea of your child shoplifting a CD, maybe it would be a good idea to find out where he or she is getting music from. As only 5 per cent of music downloads are being paid for, according to Doyle, the chances are it is an illegitimate source.

Even if broadband users choose to ignore the morality of the issue, they should be aware that file-sharing carries a high risk of importing viruses or files infiltrated with porn – and there is also the danger that personal files from the computer will be unwittingly exported.

From grooming and cyber bullying on social networking sites to identity theft, exposure to explicit sexual and violent material and illegal downloading, the risks to children in the online world can seem overwhelming to parents.

If you are not web savvy, it can be particularly hard to know how to go about setting the boundaries for your children's use of the internet. Is it about finding the right technology or a question of parenting?

"Old-fashioned parenting is a key element," says the director of the Office for Internet Safety, John Laffan. "The better relationship you have with your child, the stronger your response strategies can be."

It is an approach favoured by Irish parents. Research by EU Kids Online concluded that parents in Ireland were more likely than anywhere else in Europe to set rules regulating their children's use of the internet. It found 62 per cent of Irish parents used measures such as time limits, direct supervision, restrictions on sites visited or discussions about appropriate use.

However, it seems we are the least likely to enlist the help of technology. Research by Microsoft earlier this year reported that we are the lowest users of parental-control software in Europe.

Children are being held back because of parents' lack of understanding and fears about the internet, says David Girvan, the director of a new social enterprise that is being launched in Dublin on June 18th. If young people are not allowed to grow up with this, they are going to be disadvantaged.

"Our own generation are not particularly comfortable with the internet," he says. "Parents should be enabled to get involved in setting the boundaries, in positive parenting."

Although anxious not to disclose too much before the launch, Girvan says the aim is to give parents "the ability to supervise, not to control". Working on behalf of the main children's charities, which will benefit from a substantial percentage of sales, Reassure.com offers software as part of a drive to enable "parenting of the online generation".

The hosted parental supervision system, which can be accessed remotely, is a "tool to allow you to do the parenting", says Girvan. The information gleaned from it can inform ongoing discussions with your children.

Parents are definitely becoming more familiar with the online world, "so their fear is not as profound as it was", says the manager of Parentline, Rita O'Reilly. It is in children's nature to be curious, she points out, and you can't supervise them all the time.

"It is the same as when they go out to play. You can't police everything. You give them guidelines and you set certain boundaries. They have to play with it. It is part of our world."

That much-repeated advice of our parents, "don't talk to strangers", she adds, is equally valid in our children's online world.

Young people are becoming wiser about online safety. A survey of children's use of the internet in Ireland last year concluded that they appear to be significantly more aware of both the risks and the correct response to such risks than they were in 2006.

The main sources for receiving internet-safety information were mothers (64 per cent) and then schools (58 per cent), reported the survey, which was conducted by Webwise, an initiative of the National Centre for Technology in Education.

Just over half the teenagers prefer to get their internet-safety information from school, while 45 per cent want their parents to give it to them. However the majority (59 per cent) of younger children prefer to receive that information from their mother.

Pat McKenna of ChildWatch Ireland believes in educating youngsters to protect themselves. He has been working on a pilot programme in Dublin secondary schools to raise awareness of how sex predators work online and the need for teenagers to safeguard their privacy.

There is also the need to impress on them how what they write online and the photos they put up are effectively public, no matter what privacy settings they use.

Covert surveillance of children's online activity in an effort to protect them might seem well-meaning and harmless, but it is fraught with difficulties. If you are worried about your teenage daughter's behaviour and you do not have a very open relationship with her, monitoring may seem the only option. But if you then see something alarming, how do you deal with it?

"It becomes a very practical parenting problem," says McKenna. "Once you confront, it's game over. The child will wipe the computer, or will not use it again and go to a friend's house."

Emotionally, the parent-child relationship will also undoubtedly be damaged, at least in the short-term. But all that has to be weighed up against the extent of the danger.

"There is no right answer," adds McKenna. "Like everything else in parenting, it is a judgment call."

CASE STUDY INAPPROPRIATE TEENAGE BEHAVIOUR

When her 13-year-old daughter left her Bebo account open one night, Kathy* took a look. The mother of two was shocked to see her daughter had written nasty comments about a girl in her class. "I had to you cannot name a child. At that age they have no concept that you are publishing data on the web that anybody can see," says Kathy.

Later, her daughter ran up a €278 mobile phone bill talking to a boy in England who she had met online.

Fearful about what was going on, Kathy bought monitoring software, which allowed her to review everything her child did on the computer. It not only recorded every key stroke but also included screen snapshot surveillance. She could see all passwords and every website visited; she also had copies of all her chatroom conversations and emails.

It enabled her to see, "to my absolute shock and horror", inappropriate behaviour by her daughter in front of the webcam, which she and the boy in England were both using on their computers.

"I sobbed for days, and of course I couldn't tell her," says Kathy. She could not refer explicitly to it because, "I would lose my access".

There are dilemmas in knowing, just as much as not knowing, what your teenager is up to. "I wanted to be able to see what was going on online, so if she was doing something dangerous, like arranging to meet some guy, I would know about it. I wasn't planning to see this stuff."

It was a work computer, so she told her daughter to be careful about her use of the internet because the company had installed spy software. She knows her daughter sensed the surveillance as she saw her type to a friend one day: "My mam is watching us. I don't know how."

Kathy says: "At least it alerted her and gave her some boundaries."

Three years later, her daughter is now a "very mature kid". But Kathy trusts her and no longer feels it necessary to monitor her online.

However, she expects her younger son to be a challenge. She does not allow her children to download music illegally, "and my son goes mental. They may go to their friends' houses and do it, but they are not doing it on my computer."

She believes children are most at risk at about 13-15, and that is when parents need to be most vigilant.

"You have to immerse yourself in the technology a bit to stay with them," she suggests. "Even to talk the language: if they think you are a dodo, they'll think they have huge freedom."

* Name has been changed

SEVEN STEPS HOW TO KEEP KIDS SAFE ONLINE

1 Be informed

It is important to understand how children use the internet and to know how to reduce the risks. There is no shortage of advice out there (see the list of useful websites below). Sit down with your children and ask them to show you what they can do.

2 Talk early and often

Discuss responsible use of the computer from an early age, such as never giving out their name, address or other personal details, and being respectful of others. The issues and appropriate advice change with age and the rapidly evolving technology, so keep talking.

3 Site computers carefully

Children should only have access to computers in "common" areas of the house where they can be at least casually supervised.

Keep laptops out of bedrooms – you would never let a stranger go into your child's bedroom, so why let a stranger go in there via a webcam on a computer?

4 Agree rules for internet use

Negotiate a workable agreement with children on how long they should spend online and what kind of activities and websites are allowed.

5 Enlist technological help

Filtering and blocking programmes are recommended, but a bit of software is no substitute for an informed and involved parent. Check history files to see what sites they are visiting.

6 Discuss the risk of meeting online friends

The use of networking sites, such as Facebook, is now a normal way for young people to socialise, but they should never arrange to physically meet an online friend for the first time without being accompanied by an adult.

7 Stay positive

Your child needs to be able to explore the educational, recreational and social resources the internet offers, so don't let your perception of the dangers deprive them of the numerous benefits. Encourage them to tell you if they come across disturbing material and stay calm if they do*.

USEFUL WEBSITES

Internetsafety.ie

The Office for Internet Safety is part of the Department of Justice and Law Reform, and its site includes separate guides on internet safety for children and for parents.

Makeitsecure.org

This is an easy site to navigate, is attractive to teenagers and informative for parents.

Webwise.ie

Provides internet safety information, advice, and tools to parents, teachers, and students.

Irma.ie

The Irish Recorded Music Association website contains a link to the helpful Childnet's guide, "Young People, Music and the Internet"

Watchyourspace.ie

Advice for teenagers using social networking sites

Hotline.ie

A site run by the Internet Service Providers Association of Ireland for the confidential reporting of any suspected illegal content encountered on the Internet.

Childwatch.ie

A fairly basic website, but parents can learn more about the educational and research work of Child Watch Ireland.