MARINO THERAPY CENTRE

*Institute for Eating Distress Studies*

Website: [www.marinotherapycentre.com](http://www.marinotherapycentre.com)

**Email:** **marinotherapycentre@gmail.com**

***How to Deal with Suicide, Self-Harm & Eating Disorders/Distress in the School Environment***

***Training Day for Guidance Counsellors & Teachers***

* Understanding Anxiety, Self-Harm, Suicidal Ideation and Eating Disorders/Distress
* Application of Psycholinguistic Motivational Model
* Skills for managing and assessing Anxiety
* How to Deal with Students with potential Suicidal & Self-Harming Thoughts
* How to effectively deal with Body Dysmorphic Disorder/Body Dysmorphia in Students

**Date:** Monday 30th March 2020

**Time**: 9.30am to 4.00pm
**Price:** €130 (Lunch and refreshments included)
**Venue:** Radisson Blu Hotel, Airport, Dublin

**Limited amount of places available**

*Booking form for “How to Deal with Suicide, Self Harm & Eating Disorders in The School Environment”*

Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ School:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Telephone Number: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **I enclose payment of** €**130.00 \_\_\_\_\_(Yes/No)**