

St. Aloysius Girls Secondary School, St. Maries of the Isle, Sharman Crawford Street, Cork



Head and Deputy Head Girl

Below is a special message from St. Aloysius Girls Secondary School, Cork Head and Deputy Head Girl Jiang and Maham. As always we are ever so heartened by our girls looking after each other.

Hi guys,

Jiang and Maham here

The feeling of uncertainty and fear is dominating everyone's mind at present and we hope that you are looking after your mental health. All we can all do is be patient, careful and wash our hands!

We know it must be hard to keep up with all the work, but it will not go to waste once we return to school. As you are not in school, take this opportunity to study in the way that suits you best whether that is listening to music or studying in short bursts. if you don't understand something you can walk away take a break come back to it, ask your friends. This is a time where we need to help each other. Talk to your friends, make sure they're ok. If you feel overwhelmed so does your fellow classmate. If you would want someone to reach out to you, you reach out to them.

This is a difficult time for us all and we urge you to cooperate as best you can with teachers. Make sure to take breaks and try not to overwhelm yourselves. We know we're not the only ones going insane by staying at home but make sure to get as much

fresh air as possible. It's very important to take time for yourself away from technology which can overburden you with news, work etc.

We just recently set up Netflix party and we were able to watch 'The Vampire Diaries' with our friends and it was so much fun! STEFAN and DAMON THO!!

In this time we worry for our families, those who are more vulnerable, but by ensuring we follow the precautions stated by the HSE, we will be able to best protect them. We hope that you are all supporting one another within your years and wider community. Although you may feel the urge to buy an abundance of toilet paper, we ask for you to pace yourselves as there is plenty to go around. Be mindful of those around you, underlying health conditions are not always clearly visible. It is essential to practice social distancing for the protection of those around you.

Finally, on behalf of the students we would like to express our immense gratitude to all the teachers helping us through this time. The continued support in our education is greatly appreciated. Missing you all!

We hope to see you very soon
Miss ye green people
Jiang O'Neill and Maham Aziz