# CHRIST KING COURIER WINTER 2020

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Coronavirus COVID-19

Stay safe.

Christ King Secondary School, South Douglas Road, Cork T: 021 4961448

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Dear Parents, Guardians, Families and Friends of Christ King,

I hope Christmas Courier 2020 will add to your Christmas spirit and brighten your day. Each page is the tip of an iceberg of ability, commitment and a generosity of spirit which helps create a culture where students discover their talents. I wish to thank all, particularly the staff who give so generously of their time and expertise, for empowering so many students to contribute to a culture which celebrates achievement and recognises hard work in the pursuit of excellence.



Each year brings changes and this year we said farewell to a

number of staff, we welcomed new people who will enrich our students' education over the years to come. Mr Christy O'Shaughnessy, Ms Anne Bevan and Mr Conor Desmond have each given great service to the school and our students. We wish them a life of happiness, contentment and good health in the years to come.

On the pages which will follow you will see some, not all, of the achievements of so many students. While celebrating their success and recognising their commitment, part of the objective of publicising their achievements is to encourage other students to become involved. While it is not possible to insist students to become involved in the assortment of activities outside the classroom, encouragement is sometimes all a student needs to step outside of their comfort zone and engage in a new pursuit.

I want to thank the Parents' Council for all of their work in supporting the students and school development over the year. The Parents' Council is currently focussed on upgrading a basketball court for students' use during lunchbreak. With the Parents' Council we have reviewed the Blended Learning Policy and the Relationships, Sexuality Education Policy and I wish to thank them for their valuable insights and assistance as we strive to ensure that the school serves the needs of a student in 2020.

I also want to thank all of the parents who have supported our Christmas charities fundraising campaigns. Families have given generously to St. Vincent de Paul, Cork Penny Dinners, Good Shepherd Cork and Crumlin Hospital. I commend the student leadership involved in each of the above campaigns and especially their contribution to students' spiritual and social development.

Finally, I wish you all a peaceful, restful and holy Christmas. In Christ King, we place the birth of Christ firmly at the centre of our celebration. May His coming amongst us continue to inspire care, compassion and concern. I thank the Presentation Sisters, my colleagues, the parent body, our past pupils and of course the students for sharing our Christian vision.

Le gach dea ghuí i gcomhair na Nollag agus na h-ath bhliana.

**Richel Long** 

### Students and Teachers return to school in August



## Leaving Certificate Results 2020

After a long wait, the Leaving Certificate Class of 2020 were delighted to finally receive their results on the 7th September. Paulina Jaworska excelled with 8H1 results. We salute you Paulina. The students were very pleased and have thankfully moved on to third level colleges albeit virtually in many cases. We wish you all well from all at Christ King secondary School. We know you will do very well in the future.













Winter 2020

### **Attendance Awards**





Many of our students received Attendance Awards this year. We congratulate them and admire them. Jane Tiernan never missed a day at school. She has 14 years unbroken attendance. Eve Conroy has 12 years unbroken attendance. Daniella Odigie has 9 years unbroken attendance. Róisín Walsh has 9 years unbroken attendance. Holly Umeh has 8 years unbroken attendance. Erin Ruby has 5 years unbroken attendance. Aoife Claire Byrne O'Riordan has 5 years unbroken attendance. Well done to all of you girls.

## **TY Chemistry Research Posters**

These two posters from TY students show their ability to research, use reliable sources of information and present their findings on an element from the periodic table.

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## The Student Council 2020



At two socially distanced ceremonies in the PE Hall, prefects and Vice Prefects were presented with their badges of office. The Student Council under the guidance of Head Girl Gemma Heaphy and Deputy Head Girl Laura Russell and facilitated by Ms Valerie O'Flynn Doyle and Ms. Patricii Harrington meet regularly to discuss school issues and policies. The Junior Forum also meet on a regular basis. We wish you all well in your work this year.



Winter 2020

### Science Week 2020

## SCIENCE WEEK 8-15 Nov 2020

Supported by Science Foundation Ireland

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2nd Year IMR

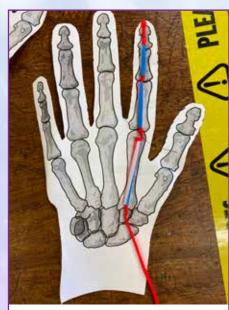
#### Science Week at CKSS:

Science week is in its' 25th year and this year's motto was 'choosing our future.' Several virtual events occurred. We were very fortunate to have the opportunity to listen to scientists from Irish Manufacturing Research (IMR) and to submit questions based on their research. This year we played Kahoot, we got involved in 'Geeks Unleashed' and senior students widened their knowledge of 'Sustainability & the Circular Economy.'

Another Irish industry that TY's looked at in Agricultural Science was the manufacture of butter in Cork making its way to Chicago. They will study the Dairy Enterprise as part of this module showing how science, technology and sustainability have become increasingly important to the industry. TY's also took part in an extremely competitive Science quiz where plenty of fun was had!

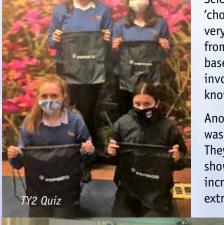


2nd year learning what scientists do in IMR



The TY Biology classes learned how to repair a tendon. Where the straws represent the bone and the wool the tendon.







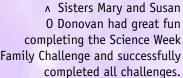


This year for Science Week, the science department, set brain teasers each day, for students to think, analyse, problem solve and communicate their findings to their science teacher.

< Congratulations to Ria Rose Sam, third year for answering all four brain teasers correctly.







< Congratulations to the winners of the science week TY guiz Julie Bruton, Jane Scanlan and Ellen Wolfe Burke with the team 'In the chromozomes'.

## Science Week 2020

### **Science Video Competition 2020**

Well done to Harini Kumar and Ayushi Mahajan for preparing, presenting and submitting their video on "The effectiveness of masks and their impact on the environment for the Reel Life Science Video Competition 2020.

Some of the findings by the girls included: So, how do we, as individuals, reduce the effect that disposable masks have on the environment?

Here are the points that you must follow:

- 1. Avoid using disposable masks, in favour of reusable masks without disposable filters, and machine wash them regularly.
- 2. If you do need to use a disposable mask, put it in a proper public bin or take it home and put it in a bin with a lid. Do not put disposable masks in the recycling. They can get caught in specialist recycling equipment and can be a potential biohazard to waste workers.
- 3. Before disposing of a disposable mask, cut the straps, as these can entangle or even choke wild animals that could possibly come into contact with it.





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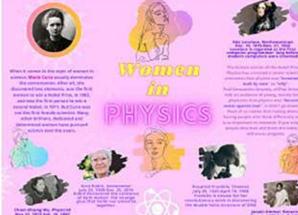


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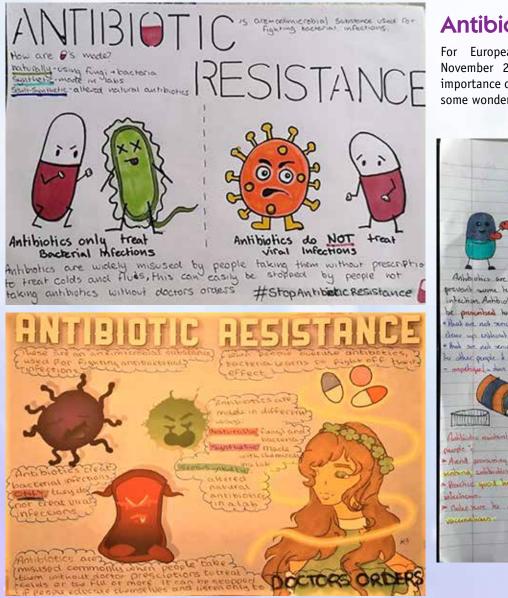
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## Science Week 2020



### **Antibiotics Study**

For European Antibiotic Awareness Day 18th November 2020, TY students learned about the importance of using Antibiotics correctly and created some wonderful posters to showcase their learning.



## Harini's Summer with Teen-Turn (STEM Inside series)



Week 1 (June 15th - 19th): Design Thinking with ResMed

The First week of the STEM inside series started great with ResMed as they introduced how the following weeks would be . In one week time, we had to come up with a solution to a problem and present it to the

judges. We were put in groups with a mentor from ResMed, who guided us through the project. The problem was "How can we maintain our mental health while social distancing?". My group came up with a solution to this problem which was to start an entertaining TV show that includes games like kahoot. The show also encourages people to spend time with their families and provide new tips to maintain mental health and educate people about Covid-19. It includes many fun activities where families can enjoy. In total, there were around 40 people who joined this week. Our mentor, Varuni Fernando was great at explaining and guiding us through the task. Each person from the group did some work and on Friday we presented our idea.



## Harini's Summer with Teen-Turn (STEM Inside series)

#### Week 2 (June 22nd - 26th) : Advanced Design Thinking with Accenture

This week was quite the same as week 1 while the problem solving method was different. I found this week a bit longer than others because everyday, the sessions were for 2 hours which I found was long. We were again put in groups with a mentor helping the group. BlueJeans was really helpful as it had features like breakout rooms, chat and whiteboards. Everyday morning, we had some fun games to begin the day. Lastly on Friday we presented our idea to the judges and the judges announced the winners within 10 minutes. The next week, I was unable to go so I missed the session "Coding with Dell".

#### Week 4 (July 6th - 10th): Coding sessions with Zendesk

We had an interesting task to do with Zendesk on week 4. Each person had to create a front page of a website using an app called CodePen. We were allowed to choose any topic/theme. My title was "How do you feel during Quarantine?". In this website, people can add in either as a blog or just a few lines about what they do to stay happy and connected to people around them and their family. We used HTML, CSS and Javascript to create the website. Just like other weeks, we had mentors helping us throughout the week. Everyone had about 2 minutes to go through their websites on Friday. On Friday, Teen-Turn held a small raffle (balloon raffle



by Joanne) and surprisingly I won a £25 Amazon voucher! that I created with Zendesk.

#### https://codepen.io/Harinir222/pen/yLeKXdp

#### Week 5 (July 13th - 17th): Problem Solving with eShopWorld

I really enjoyed this week as the sessions were fun and interesting. We were given a choice to do the project in groups or individually. I chose to do it in groups and my team members were really friendly and interactive. So, the task was to choose a brand/ company's website and find the problems in the website ie. the writing is not clear etc.. We used Mockflow to recreate/design the company's website.

Our team chose FitBit as our retailer because we found a few problems in the FitBit website. The problems we found were there were many pictures in the website so the writings were not clear, we also felt that the mobile few of the website was much better compared to the desktop view as it had scrolling images instead of viewers scrolling down the website for a long time. We presented the project to the judges on Friday. In our design, we included the desktop and mobile view, so we won a 50 Euro Nike voucher and we also got to order products from Tarte Cosmetics worth 50 Euro!

This is the link to the mockflow that we created. https://wireframepro.mockflow.com/view/ M2063b2d773ad6f7dc08357b593dd0d8e1594638436638#/page/ f2507ce027be485abdb42cb840b24575

#### Week 6 (July 17th - 21st ): Problem Solving with Vodafone

Problem solving with Vodafone was quite the same as week 1 and 2. Everyone was split into groups, there were about 5 or 6 groups. All groups were given the same problem to solve. We had to come up with a mobile plan for Secondary students and present it on Friday. Our group thought it had to be kept simple but on Friday when other groups were presenting we were shocked by the effort that was put in by other groups. So we did not win the Rugby Jerseys.

#### Week 7 (July 24th- 28th) : Kitchen Chemistry with MSD

I liked this week the most because we had to do some cool experiments like making a Slush puppy at home and turning milk into plastic. We were sent a package with all the materials that were needed to conduct those experiments and a pack of Starburst for us to enjoy! So we did not have to buy the materials needed. On Tuesday and Thursday, we did the experiments. We were also told that there would be prizes given to the best selfie/ short video that shows the experiments we were doing, so I was really interested in doing it. On Thursday, we turned milk into plastic using vinegar. After every experiment, we had mentors who explained the science behind each result.



For my short video, I had a few selfies and I took a video of myself doing the experiment with a tiger next to me (animation), I also included a paragraph on why I chose a tiger. We had to post the selfie/video into the dropbox link on Friday morning and the judges chose a few winners and I was really surprised that I won the first prize which was a GoPro hero 8 camera!

#### My overall experience:

It was an amazing experience working with all the companies and the mentors. During this STEM Inside series, I learned a lot about STEM and developed many skills like teamwork, presentation and confidence. Every week was enjoyable and informative. I made new friends in the sessions and particularly I gained the confidence to speak up within a group of new people and present an idea in front of the judges. I really thank Teen-Turn for giving me this opportunity.

#### Harini Ramesh Kumar TY1



## **Density Columns**

The following pictures are Density Columns from first year science students all of whom made the density column at home, showing their ability to apply what is learned in class and be creative at home.



## **Biodiversity**

Science students at CKSS entered the ISTA science week photo competition which had the the theme of 'Biodiversity'. We haven't been notified of any winners just yet but some fantastic photos were taken!

Please find an example of one and here's a description of the photo.

This is a photo of a Russula emetica mushroom. This species of mushroom is found throughout Ireland and Britain. It can be poisonous if eaten by humans.

Mushrooms play a very important role in supporting biodiversity. They act as decomposers, breaking down dead organic matter and returning nutrients to the soil and in doing so supporting the quality of the soil and the growth of plants.





#### **N.I.B.R.T.**



For work experience this year I attended NIBRT- the National Institute for Bioprocessing Research and Training, for 1 week.

NIBRT is a world-class institute that provides training and research solutions for the biopharmaceutical manufacturing industry.

NIBRT arose from an innovative collaboration between University College Dublin, Trinity College Dublin, Dublin City University and the Institute of Technology, Sligo.

NIBRT offers a quality training and research experience not previously possible anywhere in the world.

The application consisted of an essay on "what is biopharmaceutical science and how does it impact our lives?" Myself and five other TY students from all over Ireland were successful in this application.

I applied for placement at NIBRT because I have always wanted to work in the pharma industry, and this program gave an insight to what working in the industry consisted of.

#### **Training:**

On day 1 and 2, we were in the training part of the facility.

Therefore, we were learning all about what goes on in biopharma companies and all the different processes that happens daily. Contamination control and a sterile environment are so important

in the industry as all the products are made up of living things that can easily be infected or contaminated and many biopharma products are injected straight into the blood stream therefore the don't pass through the stomach where the HCL would usually kill and bacteria. As NIBRT don't release any of their products because they are a training institute it meant that we were allowed be hands on and carry out numerous processes throughout our week at NIBRT.

#### **Research:**

On day 3 and 4 we were in the research part of the facility.

We met with many different research scientists and learnt a lot about the research they were carrying out. We preformed many practical's and experiments. We also got a tour of the Plant and Utilities.

On day 5 I spent the day on UCD campus in the O'Brien centre and the Conway Institute. Here we met many scientists doing PHDs and got an insight on the research they were carrying out.

My time at NIBRT was both enjoyable and informative and certainly gave me a reason to work in the biopharma industry.

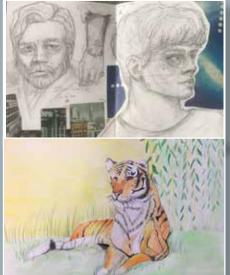
Sarah O'Brien 5th Year





## Art at CKSS

The imagination of the students of Christ King's Art Department continues to flourish. Under the guidance of their teachers they produce wonderful work, beautiful paintings and ceramics are regularly on display for our delight. Here is a selection of their works across the year groups.







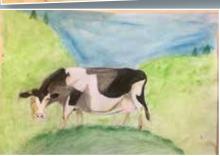




























### Gaeilge 24



'I lár Mí na Samhna, ghlac cailíní ón dara bliain páirt i nGaeilge24. Mar chuid den dúshlán seo, a bhí eagraithe ag Conradh na Gaeilge agus oscailte do gach aon duine, bhí ar na daltaí Gaeilge a labhairt ar feadh ceithre huaire is fiche. Fuair na cailíní T-léinte, leabhrán frásaí agus bandaí láimhe ar an lá. Rinne na daltaí an-iarracht Gaeilge a labhairt tríd an lae, agus bhuaigh cúpla cailín 'Gaeilgeoir an Lae' de bharr an sárobair a bhí déanta acu an Ghaeilge a labhairt an lá ar fad. Dúirt na cailíní go raibh an lá an-taitneamhach, agus cé go raibh sé dúshlánach ar dtús gach rud a rá as Gaeilge, d'éirigh sé níos fusa tar éis tamaill nuair a chuaigh siad i dtaithí ar an teanga. Ceapann na cailíní gur tháinig feabhas ar a gcuid Gaeilge agus ar a gcuid muiníne ó thaobh Gaeilge labhartha de. Fuair na

cailíní teastas ó Chonradh na Gaeilge i ndiaidh an lae freisin. Bhain na cailíní an-taitneamh as an dúshlán, agus b'fhéidir go mbeimid in ann lá cosúil le seo a dhéanamh tar éis na Nollag arís, mar bhí sé an-tairbheach.'

### Tionscadail ar chultúr na hÉireann san Idirbhliain

Rinne daltaí san Idirbhliain cur i láthair bunaithe ar chultúr agus ar oidhreacht na hÉireann. D'fhreagair siad ceisteanna cosúil le 'Cad atá i ndán don Ghaeilge sa todhchaí?'



### Teaching and Learning at Christ King

The Teaching & Learning Hub of CKSS provides a small window into the teaching and learning environment of our vibrant educational community here at Christ King Girls' Secondary School, Cork.



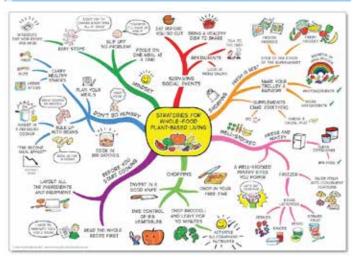
#### Below please find two recent entries:

CKSS Teaching & Learning Hub

Learning Strategies

Junior students recently reflected on what strategies help them to learn best. Over the course of these reflections students identified key strategies which they found particularly helpful.

The reflection session was followed by a student leadership meeting in the TOMAR Room. During this session students shared with each other the strategies they found to be effective in their own personal learning. Following on from this session, students will now make a presentation to each of their class groups outlining some of these effective strategies. Well done to all involved !



#### Student Reflective Learning Sessions

The 3<sup>rd</sup> Year Prefects and Vice Prefects met recently in the TOMAR room, with their Year Tutor, to discuss student learning experiences in Christ King, During the session students provided feedback on the online Study Skills Semina which was organised before the midferm break. Students from the seminar worthwhile. They indicated it helped them to set goals in their learning and provided useful tips for developing good study habits.

The leadership role of the Student Prefect was also examined and the importance of modelling good behaviour in the learning situation.

Students also discussed the upcoming Christmas exams, and individual student meetings will be put in place to support students during this assessment process.



The Teaching & Learning Hub is updated regularly and can be viewed on the school's website under the Learning tab or at cksscork.blogspot.com.

#### First Year Students - Learning to Learn

First year classes have spent the term starting new subjects, making new friends, getting used to a new building and new procedures. The Learning to Learn time once a week aims to support them in this transition. They have been working hard at learning the skills needed to be good learners. Giving them the time to think about and talk about the IT skills, organisational skills and study skills they need to develop allows them to explicitly make the link between their subject content and how they engage with it. Being aware of themselves as learners helps them to approach their work from a positive place.

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## Motivational Study Skills Seminar -Rayse the Game





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On Tues 13th October our Junior Cert and Leaving Cert students kicked off the academic year by doing a live stream seminar on Motivational Study Skills given by Ray Langan.

They participated in this programme which helped them to:

- Set clear goals to give a clear focus for the academic year
- Create a clear and concise study plan to achieve their targets and goals
- Showed them how to create notes and one page summaries.
- Helped them to self- motivate and to 'ditch the phone and get into the zone'

The students really enjoyed the seminar and it certainly helped them to get off to a good start this academic year.



## **Caoimhín Kelleher Supporters at CKSS**



We were all so proud of PE teacher, Mrs Jackie Kelleher's son Caoimhín who played with Liverpool in goal against Ajax in the Champions League and against Wolverhampton Wanderers on Sunday 6th December. Caoimhín kept a clean sheet to add to the excitement and support. You'll never walk alone Caoimhín.

Mrs Kelleher is pictured here with Ms Long and some third year students.



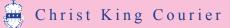
It was a normal Thursday afternoon at Christ King. My friends and I were sitting in our classroom eating our lunch and then there was an announcement on the intercom. It was phrased as follows "Can All The 6th Year Students Make Their Way Outside For their Icecream!" There was a sudden racket in the classroom, some people couldn't believe what they just heard, some people argued that it was only 6th years who would be getting icecream. Others moaned that 1st year would be the last people getting it.

Well I couldn't believe what I heard myself, and I agreed with some and then I wondered that what if the icecream truck did take a wrong turn. While I was wondering I heard another announcement on the intercom and this time it proclaimed "Can All 5th Years Make Their Way Outside For Their Icecream!," and then it was 4th Year, after it was 3rd, then 2nd year, but then the bell rang and break time was over, there was moaning and groaning in the classroom because it was the IRISH TIME but when our teacher came in, there was another announcement telling 1st years to make their way out for their icecream. There were smiles on everyone's faces. We got outside and saw the icecream van. As soon as everyone got their icecream with either bubblegum or strawberry sauce we enjoyed it in the sunshine and then went back inside.

Some people remember it as their favourite day of the year. Well it was truly a great day.

Khawar Bilal 1B Class





Winter 2020

#### Halloween



### Halloween 2nd Year Poster and Poem Competition



Here are a sample of the entries into the 2nd year Halloween poster and poetry competition.

The girls made an excellent effort. The winners were:

Katie Cremin 2A Faye Nodwell 2B Leona Oppong 2C Daniella Nwaedozie 2D

Well done to all who entered in the competition.



### Halloween Staff Costumes

Staff at Christ King like to dress up at Halloween and usually raise funds for charity. The students have great fun with all of the different characters who teach them on the day. Well done to all who took part this year.



## Elizabeth Scanlan and "The Unsung Hero"

Elizabeth Scanlan, recently had the honour of her play being performed. Elizabeth, a 6th year student, co-wrote a play with Maurice Dineen named 'The Unsung Hero' which was directed by Catherine Mahon Buckley. It is a play about Irish Volunteer, Joe Murphy from Ballyphehane who took part in the jailbreaks & ambushes around Cork.

The Cork City Council put on the play live over the mid-term & it can be viewed on their website www.corkcity.ie

Elizabeth says 'My biggest love is dialogue, and to hear actors say my words is a dream come true'.

We are all very proud of Elizabeth on her wonderful achievement. Well done.



Christ King Courier

Winter 2020

## CKSS Running together, apart: Christ King Virtual running challenge.

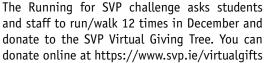






This October saw over 50 students and teachers participated in Walktober, a challenge to walk or run 50k in October. Students and teachers downloaded the Adidas Runtastic app and tracked their distance over the month. Over 2000km was completed and Roisin Kelleher and Cianagh Leahy were awarded the student participation medals and Ms. Looney was awarded the teacher's medal.

In November, students and staff participated in Move-ember, the challenge was to run or walk 2k a day or 60k in the month of November. This month Ms. Halpin, Azrin Akter and Juilet O'Keeffe were awarded the Staying Fit, Keeping Positive 2020 medal.



We remind students and staff that it is fun to run and donate to a very worthwhile cause.

Well done to everyone that has participated in October, November and December. Hopefully you can join us in January for some virtual running fun.





## Numeracy at CKSS

Our CKSS problem solving competitions are now running digitally this year! Congratulations to Elena Collins from 5D for winning the First Competition. Competitions run monthly. We are looking forward to students continuing to develop their lateral thinking skills this academic year!

## ARALYSIS GOAL STRATEGO PROBLEM SOLVING SOLVING ADVICE





CKSS Numeracy Word of the Week went online also this year, with the weekly production of videos sent to all staff and students to enhance their mathematical language.



🚔 Christ King Courier

Winter 2020

## Student Enterprise Programme 2020/2021





#### Transition Year Mini-Companies are busy preparing for Christmas

This year Christ King has four Transition Year mini-companies taking part in the Student Enterprise Programme. The four companies are:

**TY FireFly:** CEO Roisin Kelleher, the mini-company are producing and selling an array of jewellery, decorated water bottles, Christmas Comfy packs.

**TY Pinkify:** CEO Caoimhe McAndrew, the mini-company are producing and selling an array of 3D framed products including 'Your Name in Lights', 'Personalised Spotify Prints' and 'Inspirational Quotes'. They are also selling personalised water bottles, necklaces and Christmas Mini Gift Packs.

**TY Electrify:** CEO Sarah Barry, they are producing and selling handmade facemasks, necklaces and chocolate santa sleigh gifts.

**Orchid Mini-company:** CEO Caoimhe Martin:- The company are producing and selling handmade tie-dye facemasks, rings and Christmas Chocolate Wreaths.

Students set up and run their own business and find out what it's really like to be an entrepreneur from coming up with the business idea to marketing, sales and preparing a business plan. Benefits of this programme for students are:

- Enhances creativity
- Improves communication skills

- Provides practical uses for business studies topics
- Encourages students to consider self-employment as a career choice
- Equips students with the skills to set up and run their own business
- Combines classroom learning with real life experiences

Best of Luck with the Christmas Trading!!



## European Parliament Ambassador Programme

Christ King Transition Year European Parliament Ambassador Programme (EPAS) students participated in an online Zoom Meeting with Mr Billy Kelleher MEP discussing the history of the EU, the role of the European Parliament, Brexit, the Internal Market Bill amongst many other interesting topics. The girls learned a lot about Europe. Thank you Mr Kelleher.







### Movie Making Workshop





In early October, our TY4 & TY5 students participated in the two day MOVIE MAGIC FOR TY workshop in Nemo Rangers Sports Complex. Students engaged in a very interactive, lively, informative and fun video production workshop which covered camera techniques, editing, green screen, sound and visual FX. Combining the Arts with technology, the iPad acts as

the camera, edit suite & greenscreen studio, promoting STEM education.

The course facilitators, Lavinia and Susan ensured the workshop was interwoven with career advice providing an insight into working in the media industry. Each workshop had a theory segment followed by a hands-on exercise where our students put into practice what they had just learned. The workshop was very practical where students got to set up, learned to shoot, edit and



become familiar and confident with the equipment. Our students also had an opportunity to discover new strengths and talents in a team building environment. Titles of movies created include

- The Defeat
- Crazy Weather in Nemo
- 'Build a Bears' Take Over the World
- The Exchange Students
- NEWS NEWS NEWS
- Don't Forget Your Hand Sanitiser Kids
- The Stalker
- The Younger Offenders

We would like to thank Lavinia and Susan for a wonderful workshop and look forward to them working with our TY1, TY2 & TY3 students in 2021. We would like to especially thank the staff at Nemo Rangers Sports Complex, who were exceptionally helpful and accommodating. What a wonderful location for film making!



## Transition Year Students bond at Ballyhass Lakes



Transition Year Students enjoyed a day of Outdoor Pursuits and games in Ballyhass at the start of September. The













## Bodhrán Making Workshop





This year and last year, the Transition Year Students enjoyed a workshop where they learned to make their own Bodhrán over a two day session and also to play the Bodhrán.

Well done to all involved.























### **TY Horticulture**



This past term in horticulture class we have done a wide array of activities. At the beginning of the year we took a trip to St. Stephens Community garden off Tower Street. We saw many different types of fruit and vegetables growing and we even got to try some. We have planted bulbs for next Spring, learned how to identify the different plants on the school grounds, and made environmentally friendly flower arrangements. We learnt how to propagate plants, grow sprouts and microgreens and how to make our own bird feeders for the garden. We watched documentaries about issues in the food industry and researched topics such as urban farming, seasonal eating, food waste and tree plantations. We look forward to the Spring when we can get out and put all of our learning into action. Ellen Wolfe Burke TY3.



#### 24

## Comhairle na nÓg 2020

My name is Paula Capatici and I have been a member of Comhairle na nÓg for almost a year now. Here is a brief introduction to what Comhairle is and some of the things we do.

Comhairle is a youth council which gives young people a platform to have their voices heard and opinions considered. It allows young people to have a say in existing policies in addition to developing new and national ones. There are thirty Comhairli in Ireland, two of which are based in Cork. Anyone between the ages of 14 and 18 is welcome to join.

At the meetings which are held regularly, like minded people are given the opportunity to discuss issues and come up with ways of resolving them. People are encouraged to socialise and discuss their views which makes it easy to make new friends and acquaintances. Comhairle na nÓg members are friendly, positive and always inclusive. One will always be listened to and regarded with utmost respect. Everyone's opinion is valuable and their input is appreciated. The meetings and various organised events also serve a welcome break from academic life.

Comhairle engages in various fun activities in relation to a project which the members choose. An example of such a project is the brilliant short film highlighting suicide prevention which Comhairle members created a few years ago.

I personally believe that Comhairle is an amazing opportunity for the development of young people. I feel honoured to be part of such a caring and compassionate community. Allowing young people to express their views on policies is vital, as we will be the ones to deal with the consequences of the decisions made by adults. We certainly provide a fresh perspective on issues and shed light on problems that might be otherwise ignored. Our group also has consultations with adult decision makers in our community to ensure that our voices are heard.

Paula Capatici



I'm Felicia Amayo and I've been a member of Cork City Comhairle for 3 years. Cork City Comhairle na nÓg is one of the 31 Child and Youth councils in the Republic of Ireland. Comhairle gives children and young people a chance to have their voices heard and the platform and opportunity to be involved in the development of local services and policies and allows them to address issues that affect them in their communities. I got involved in Cork City Comhairle na Óg through their Annual General Meeting (AGM). Being a member of Cork City Comhairle has provided me with numerous social opportunities including networking with other members of comhairlí across Ireland and the opportunity to develop my management skills and knowledge.

Every two years each Comhairle takes on a new project to work on that has been voted on by young people. Some of our previous projects were designed to raise awareness on drugs and mental health issues, children's rights, and suicide prevention and awareness. Our current project is on segregation. This was chosen as many members of our group had experienced discrimination and wanted to find ways to address this and make Cork more inclusive. Throughout the project we have been communicating with different groups and people working in this area, such as:

- DOWTCHA
- Cork Sanctuary Runners
- Cork Migrant Centre
- Law and Human Rights lecturers
- Artists of ABCD initiative and
- The Life Centre

so that we can gain knowledge and collaborate with them to create initiatives that can be implemented in schools.

Our meetings are usually held twice monthly either in Cork City Hall or in the YMCA building on Marlboro Street in Cork City. Due to the current circumstances caused by the Covid-19 pandemic, our meetings have moved online. Consequently, we also moved this year's AGM online.

Cork City Comhairle na nÓg's AGM took place in the form of an online webinar on Wednesday, 11th of November from 11am to 12:30pm. The webinar was open to all people between the ages of 12 and 17 years living in Cork City who were interested in finding out more about Cork City Comhairle and getting involved. We had 216 registrations for the event from 14 schools and youth groups. On the day young people watched the webinar from their classrooms and heard from our guest speakers:

- The Lord Mayor of Cork City Cllr. Joe Kavanagh
- Members of the Cork Migrant Centre, and
- Members of the Cork Traveller Visibility Group.

Thanks to this webinar we currently have a total of 6 members from Christ King, who are now members and will be helping us with our project.

Felicia Amayo

Ms Harrington, Felicia and Paula

## Some of My Transition Year Experience So Far

This year, despite lockdown restrictions, I have had the opportunity to participate in so many different courses and competitions that I found out about through our TY Coordinator Ms. O'Leary. Firstly I participated in the CSinc TU Dublin, Tallaght Campus programming course during the month of August. Here we learned the necessary skills to make a Python program where the user could input a student's Christmas Exam results and Pre Leaving Certificate results to calculate their Predicted Leaving Cert Grade and total points. With my final program, I won 2nd place, while my classmate Kate Ahern won 1st place.

Over the midterm, I took part in the EMPOWER Innovation course. Over 4 days, we had many speakers and entrepreneurs inspire us and motivate us to design our own product in groups of 5. We were tasked to design a product, form a company, find customer pain points, form marketing strategies, and calculate manufacturing cost and sale price. My group designed a product we called WV - a double UV light that could both sanitise areas such as

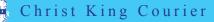
Christ King rls' Secondary School Jurdende Tex Internet tex keyboards, desks and door handles, and also highlight areas that had bacteria present. This would be done with a UV-C light and UV-A light respectively. It would minimise the impact that disinfectant wipes have on the environment as well as save money in the long run. It would also allow the use of an efficient sanitising technique that is already used in hospitals and has also been recently implemented to sanitise escalator hand rails in the London Underground.

In our European Studies class, we found out about a weekly quiz on Graduate.ie, with questions relating to local and national authorities and how they are run. Each week,

one winner is picked and the prize is an educational trip to Strasbourg and a visit to the European Parliament. On week 9, I secured this amazing prize, sponsored by The Competition & Consumer Protection Commission.

Ayushi Mahajan





### **Business at CKSS**

#### **1st year Business Studies**

Hi, I'm Laura in 1B class and I am really happy that I chose business as one of my option subjects for junior cycle. So far, I have learned about needs and wants, income and expenditure for households, budgeting, consumers rights, writing a complaint and more!

It is really fun and easy to learn. We even designed posters for the Sale of Goods and Supply of Services Act 1980 and that was so much fun to create and colour!!! Overall business is a really interesting subject!

#### Laura Broderick 1B

Hi, my name is Clodagh from 1F class and I chose Business as one of my option subjects at the start of the year. I am delighted that I picked Business because it is really interesting and a new subject for first year students. In class we learn topics such as Budgeting, Marketing and Consumer law which come in handy for the real world. I would definitely recommend studying Business and look forward to the rest of the year.

Clodagh Morrison 1F

### 3rd year Business students engage in Classroom Based Assessment 2 (CBA2)

Recently all third year Business students engaged and participated in their CBA2. This CBA required students to investigate and present on a business-related topic. For example: Field visit to a local enterprise, Investigation of a business-related story in the media, Investigation of the impact of an organisation on a community or Consumerism

#### This Classroom-Based Assessment had two priorities:

- To offer business students the opportunity to apply their knowledge, skills and understanding to different real-life settings
- To develop their research, presentation and communication skills

So far my time in secondary school has been amazing and I've enjoyed it so much! There are so many experiences that are different from primary school but by far my favourite has been all the new subjects I get to try. Business was something that I'd never done before but since my first day, I've loved the subject. There are so many new topics that I get to discuss and learn and it's been a lot of fun! We've had an amazing teacher to help us through it too! My friends and class have been so friendly and we've all been working so hard with our tests and work. I can't wait to study it for the rest of secondary as I enjoy every business class I have.

Amy O'Sullivan 1E

### TY students presenting their Business Project: Researching Business' during COVID-19

The students researched and presented on the following points:

- 1. The supply of hand sanitisers and anti-bacterial sprays/ soaps in shops in Ireland and around the globe during this pandemic of Covid-19.
- 2. Look at the demand for other products as well, what are the consequences going to be for certain people.
- 3. Explain why during lockdown retailers like Lidl and Aldi were advertising for workers while thousands of workers lose their jobs due to the coronavirus.
- 4. Look at the businesses in Ireland who have changed what they manufacture to help with the needs of the people during the pandemic.
- 5. What impact would the closure of businesses have on the Irish economy in terms of employment, taxes, and social welfare payments?
- 6. Outline the importance of the Irish government helping businesses by providing money to ensure businesses have enough capital/money to work with.



#### **5th year Business**

My experience of studying business so far has been fantastic. It is a really interesting subject. We learn about various different topics that are relevant to the real world. For example, I really enjoyed learning about contract law as I learned about what makes a contract valid.

This subject is very helpful for life after school as it helps you to understand how the business world works. It would also be very helpful if you wanted to set up your own business or become an entrepreneur as it explains the various skills and characteristics you would need. Studying business also gives you the opportunity to learn about current affairs and the possible affects it may have on the business world and also on your own life.

I have really enjoyed my experience of studying business so far and it is one of my favourite subjects!

#### Niamh Hayes 5C

My 5th year Business journey so far has been interesting, engaging and challenging. It is captivating to discover the way in which firms use various resources to their best interests. If one feels passionate about how businesses operate, the techniques they use, who and what drives their success, then business is the ideal subject choice. Business relates to life all around us so receiving an in depth knowledge of its operation, brings nothing but benefit.

Paula Capatici 5E

#### 5th year Accounting

Accounting is a very practical subject for those who enjoy working with figures. We are constantly practicing questions in different areas of the subject and this makes the study of this subject much easier. It is a very interesting subject as not only do the chapters vary but also offer real life examples of where Accounting may be used. It is a very useful skill to have later on in life even if you don't choose to pursue a career in it.

Maeve Moran 5B & Zoe Byrne 5B

#### **5th year Economics**

This year is the first year that Leaving Certificate Economics students will sit the new Leaving Cert Economics paper. The subject's syllabus has changed in many ways. As 5th year students who have only recently started studying this interesting subject, we would like to give you all an insight into the changes that have been made in terms of the new Economics course.

The new Leaving Certificate Economics course is very much about applying your knowledge to real life situations and everyday life. There is much more research involved, in fact, next year we will do a research project which will be worth 20% of our Leaving Cert! Both of us think that the course being based on more research enables us to learn vital skills that will be extremely useful later on in life.

For example, in class if we are asked to research a topic, we must decide where to retrieve information from on the internet and use our judgement to decide whether or not this is a reliable source of information. We must then apply this to our learning.

Economics is a social study. This means that we study people's behaviors in relation to the economy in order to understand how the government plays such a major role in the running of our country.

We compare various economies all around the world, such as America and North Korea and we examine the differences between them. We find this fascinating as it allows us to relate our learning to the world as a whole, not just the Irish economy.

Our class will later be studying Economic, Social and Environmental Sustainability. We have already touched on some social and environmental problems around the world. This is very relevant as awareness of climate change and global warming is spreading globally.

We feel that this is valuable to us as the young people of Ireland and this country's future.

#### Ella Scott 5C and Orla Connolly 5C

Thank you to the Business Department and students for a very comprehensive look at the Business subjects at CKSS.

## Lord Mayors Virtual Visit 2020

On the 23rd October we were delighted to have a virtual visit from the Lord Mayor of Cork City,Cllr Joe Kavanagh and the Lady Mayoress. He spoke of the inspirational city in which we live, asking students to support his anti-litter campaign while acknowledging the work of teachers and schools in keeping students safe and well.



#### Wellbeing



Our theme for this year focuses on ' Growing together as a community '.

September brought the sub theme of 'Proud of you – Proud of us '. The aim was to begin to develop a greater sense of pride in who we are, and what we share as a community.

We come together in our beautiful physical environment that has clean rooms, beautiful grounds and our statue 'Reach for the stars', all supporting us as we go through our day.

Who is the 'US'?

Our cleaners who keep the whole school deeply cleaned, especially Roseleen who is here during the day.

Pat, our caretaker, who never has a quiet moment keeping the building and the grounds in wonderful repair.

Our secretaries, Jo, Anne and Lynsey keeping admin work up to and are a very important link with Parents and the outer community.

Our SNA team, Ber, Triona, Marie and Ciara who work hard with great kindness with some of our students.

Our very hard working Teaching Staff and equally hard working management team, our principal Ms Long, and our deputyprincipals Ms Watkins, Ms Kerrigan and Dr O'Sullivan Ryan.

Most important of all our Students.

We are forming a wonderful community that is growing in caring for each other, encouraging and acknowledging each other's strengths, continuing to learn and develop our skills surrounded with kindness. A community that we know Nano Nagle and the Presentation Sisters are proud of.

In October our theme was 'Belief'.

Encouraging students to believe in themselves, their capabilities, surrounded and encouraged by their teachers and by all the adult community in Christ King.

Our final theme coming into Christmas was one of 'WELL DONE'. We have achieved staying open during this pandemic time, we are continuing to teach and learn, we are growing together developing our foundation of support and loving kindness toward each other.

We made a wreath of handprints, the students are the green prints, the teachers, management, secretaries, caretaker and cleaners are the red prints. A symbol of the welcome and support we have for each student who comes to Christ King. It is particularly important this Christmas as our action of handshaking and hugging will not be part of our greeting the other.

In all of these activities it is important to acknowledge the help and support of Ms Long , Ms Watkins and Dr O'Sullivan Ryan, our head girl Gemma Heaphy and vice head girl Laura Russel, Mr Carroll, Ms Spillane ,Ms McGinley, Ms McKeown, Ms Hurley, Ms Murphy and Ms Kelleher (guidance) and Ms Kelleher (PE).



### Wellbeing



#### Sustainability Module in 1st Year Wellbeing.

This year our first-year wellbeing students have been learning about sustainability and the importance of looking after our local and global environments. The girls have been busy planting pots with Cyclamen, Sweet William, Winter Pansies and spring bulbs, to soften their outside space. We have made bug hotels using a mixture of natural materials and items normally destined for the recycling bin! Each student planted an acorn and wrote her name using ogham letters; we learned that the ogham alphabet originated from the Irish names of trees. We look forward to watching our acorns emerge as little oaks. We have learned about Fairtrade chocolate and how our small choices here at home can have such a big impact on people living in other parts of our planet. In the run-up to Christmas our students got creative and made some beautiful sustainable Christmas decorations using wooden discs. We look forward to working together to improve our school, local and global environments in 2021!





First Year Wellbeing Class with their teachers Ms Headworth and Ms O'Farrell have not only been busy making Bug Hotels. They have also been making Sustainable Christmas Decorations. They made these from tree bark and they are now decorating a Christmas Tree in the Reception area. Well done to all.



#### Christ King Courier

## Lunchtime Clubs 2020



The Lunchtime Clubs are thriving this year with activities to suit most tastes. Here is the timetable and list of activities included. If you have not taken part so far, maybe you would like to next term. Thank you to all of the teachers who give of their time to this venture.

Lunchtime Clubs	Activity	Venue	Participants	Contact Teacher
Monday	Board Games	Library	All year groups welcome	Ms C O' Sullivan
Monday	Public Speaking	Balcony Area	All year groups welcome	Ms G Deasy
Tuesday	Kahoot Klub	Balcony Area	1" year students only	Ms K Murphy
Tuesday	Film Club	Library	All year groups welcome	Ms Eimear Meaney & Ms C Kelly
Thursday	Walking Club	Tramore Valley Park	1° year students only	Ms Jackie Kelleher
Thursday	Club Gaeilge	TOMAR Room	Senior students only	Ms S Murphy
Thursday	Quiz/Trivia Club	Library	All year groups welcome	Ms N Angland
Thursday	Guitar Playing	Balcony	All year groups welcome (Bring your guitar!)	Ms D O' Gorman
Friday	Spanish Club & Culture	TOMAR Room	All year groups welcome	Ms E MeNamara



## The Babóg Project:



Over the last term, two groups of TY students have been involved in the babóg project which was featured in Nationwide in late August. This project was started by Laura Whelan, who's inspiration was a friend of hers talking about mother and baby homes in Ireland. Laura decided to make a tiny doll to fit her palm which would represent a baby lost. She felt that by taking time to hold this little doll, acknowledged the many mothers who never had a chance to hold their baby. Laura's aim was to gather over 6,000 dolls from all around Ireland to represent the



unmarked graves of the lost babies in Ireland.

The TY's spent time picking out their fabrics and threads to make the baby dolls. Over a number of weeks, the girls enjoyed creating their own individual dolls in each other's company. They made one baby to send to the babóg project and a second for themselves to keep. After the babógs were made the girls held them quietly in their hands. One group of girls choreographed a short contemporary dance where they cradled their little dolls throughout.



## 2nd Year Christmas Classrooms

Second Year Classes were the first to decorate their classrooms for Christmas this year. We believe there is a prize for the best class so competition if high. For the visitor they like to turn off the electric lights to show their Christmas Lights, blinds down of course. Self-made decorations are part of the effort also. Well done to all.



### **Retirements and Leavings**



In September and October we said Farewell to some of our teachers at CKSS. Mr Conor Desmond moved school to his new post as Deputy Principal at Rockwell College, County Tipperary. Conor taught Physics, Mathematics and DCG at Christ King for more than ten years. We wish you well in your new position Conor.

Ann Bevan taught Chemistry and Science at Christ King for 36 years. Ann left on 2nd October following two socially distant gatherings from her colleagues in the Science Department and staff.

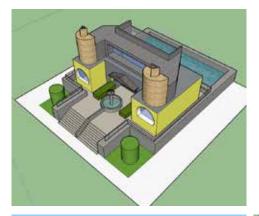
Christy O'Shaughnessy retired from his position as Guidance Counsellor at Christ King. Christy was also Year Tutor to Transition Year Students who made presentations to him and were sorry to see him leave. We hope to see Ann, Christy and Conor back to visit when movement will be easier. We wish them all well in the future.







## **Design and Communication Graphics**

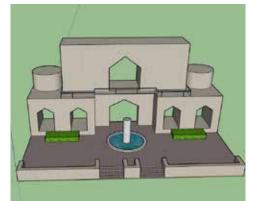


In Transition Year, students get the opportunity to try out Design & Communication Graphics.

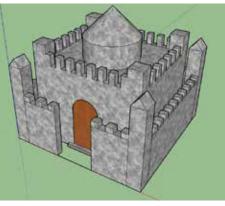
This year the students were tasked with designing their own castle.

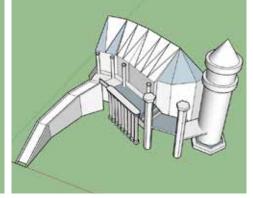
They used Google Sketchup to produce their ideas.

Here are some of their creations...









## **Cake Bakers**



Here are some Transition Year Students from Ms Kelly's class busy making cakes.







## **Our Presentation Traditions**



#### **Prayer Room**

This year we moved the prayer room to a more central location in the school. Most students and teachers pass by the area each day and so is accessible to all.

A set of Stations of the Cross was presented to the school by Catherine McCormack. A kneeler and two pews came from Turners Cross convent. An icon of Our Lady of Knock also adorns the room. The Nano Nagle lantern welcomes people to the room. The lectern crafted by Mr Meldrum is another lovely piece of furniture there. It is a nice room for prayer and reflection during the business of the day.





### **Candle Ceremony Welcomes First Year Students to Christ King**

This year we held our Candle Ceremony to welcome first year students to Christ King in the Prayer Room. Leaving Cert Prefects light a candle for their First Year prefect who place it near the Nano Nagle Lantern. A prayer service followed and the ceremony was shown in each classroom on the following day.



## **Our Presentation Traditions**

#### In November We Remember

In November we Remember on our virtual wall our loved ones who have passed away, gone but not forgotten.





An Advent Ceremony welcomed the Crib to Christ King this year

#### Share 2020

Caoimhe Sexton and Veronica Howells are the representatives from Christ King on the SHARE committee this year. They are picyured here with their year tutor Ms. Lehane.

We wish the girls every good wish in their work and know that they will be supported by their peers at school.

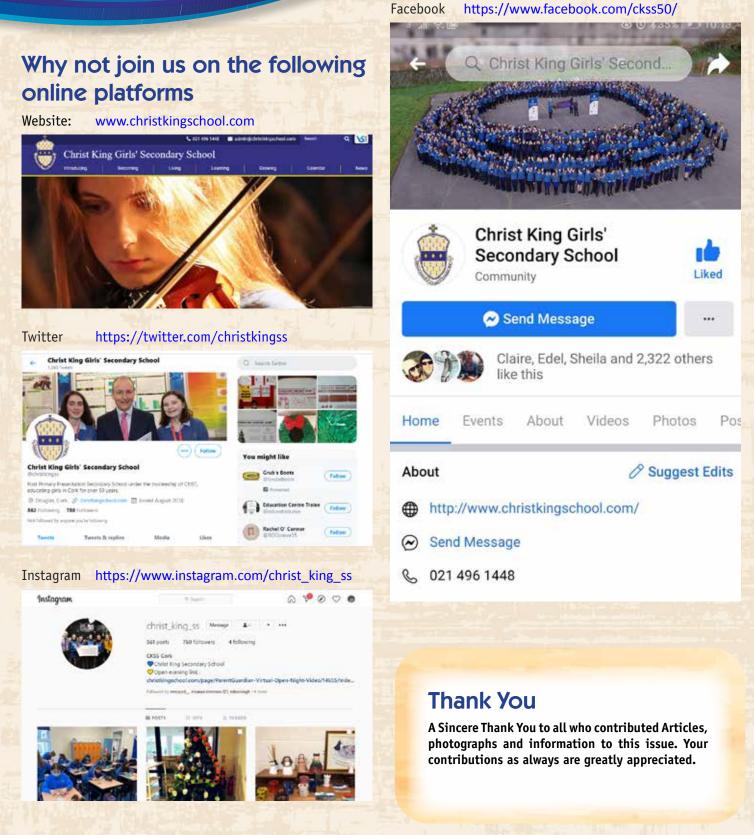




The students and teachers love their Wellbeing Community Wreath at CKSS. The wreath is made from the handprints of every girl in the school, in green. The red handprints are those of the staff. Pictured here are some third year students with Ms Long



# OUR PRESENTATION TRADITIONS



Christ King Secondary School, South Douglas Road, Cork T: 021 4961448