



Holding Space: Practical Retreat Facilitation Course for Teachers

The Mater Dei Centre for Catholic Education at DCU is privileged to partner with CEIST in offering a pilot course in retreat facilitation for teachers in CEIST schools.

Rooted in the Shekinah Method and delivered by experienced retreat practitioners, this course offers teachers the opportunity to develop the necessary skills to prepare, deliver and evaluate youth retreats for students in Catholic post-primary schools. The course is structured around three key domains (i) practical experience, (ii) reflection and (iii) theory.



Three face to face days (Saturdays) where participants learn the practical skills necessary for retreat facilitation.
19th September, 17th October, 14th November.



Three live online evening sessions where participants work with mentors to plan, reflect and evaluate.



Online asynchronous content available on DCU's Loop platform (Moodle) where participants can access theoretical content to support their practical skills.

The course will run from September to December, 2026.

Venue: The course is being offered to teachers in the Cork and Kerry region.
(The exact venue will be confirmed later).

Cost: €500 euro per teacher

An information meeting for Principals will be held online
TUESDAY 12th May at 10 a.m.

Zoom Link - <https://tinyurl.com/934u4z63>

